



# the link

youth health service

ANNUAL REPORT 2017 - 2018



the link  
youth health service



we provide free and confidential health and  
wellbeing services for young people aged 12-25



# president's report

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On behalf of the Board I extend my thanks and gratitude to the staff of The Link Youth Health Service for another successful year. The 2017/18 year has presented unique challenges and opportunities for The Link, and I am proud of the way we have met those challenges and risen to those opportunities.

I also wish to extend my thanks to the Board for their ongoing commitment to The Link. As with most NFP organisations, the Board gives their time and expertise voluntarily and out of a desire to see The Link excel. Board members this year have also sat on various subcommittees and I particularly wish to thank those members for their commitment.

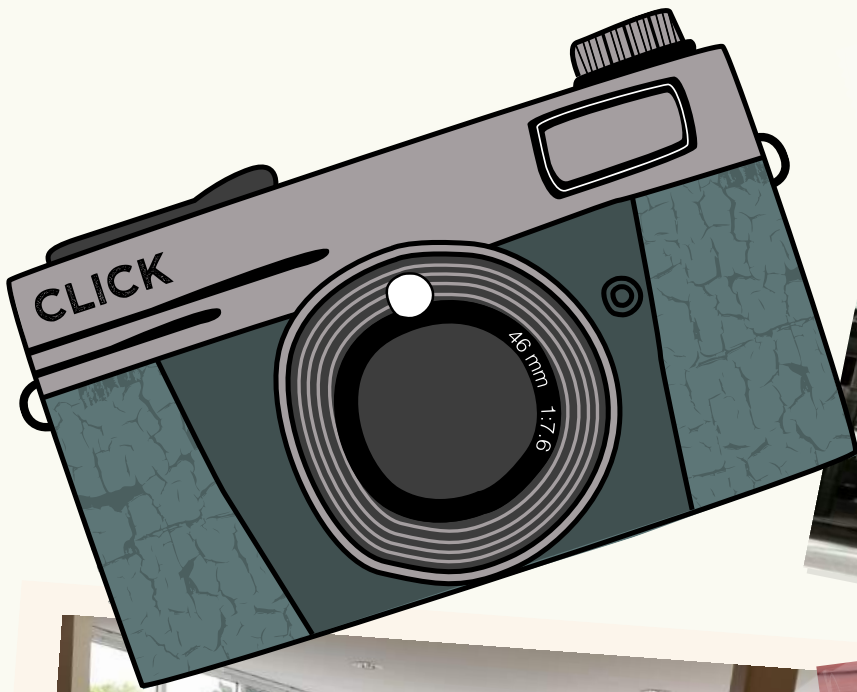
We have of course been engaged in a process of strategic planning. It is time consuming, and difficult, to encapsulate in a few words what we believe as an organisation. But I am certain that this exercise, although not complete at the time I am writing this, has reinforced and refined our values and our guiding principles, and given us a clear picture of where we are going. I am grateful to all of the staff, board members and others who have contributed to this process.

One of the many things I am particularly proud of is our focus on the continuing professional development of our staff. All staff members have this year undertaken training focusing on LGBTIQ young people, CALD young people, working with carers, and vicarious trauma training. A significant part of our discussions in the strategic planning process was around our desire to become a centre of excellence in providing services to young people. This ethos of best practice demonstrates our willingness to engage in self-reflection and continual improvement.

Finally, I wish to thank our senior executive team. In David's absence, both Miranda and Maggi have stepped up, despite significant challenges, and demonstrated their leadership and commitment to The Link.

This year, like every year that I have been on the Board before it, has reminded me of all of the good work we do as an organisation. Life as a young person is now more complex than it has ever been. I hope and believe that the small, calm and safe space and services we provide young people makes everything else a little easier for them to navigate.

**Robert Meredith**  
**President**



MEN'S HEALTH WEEK

# HEALTHY BURGER!



Cross out the ingredients that are not healthy, fill out your deets, show to a youth worker & enter the draw to win a \$20 Woolworths voucher!

End date: Friday 15/6/18



## NEED FREE ADVICE ABOUT LEGAL STUFF?

ON MONDAY THERE WILL BE A LAWYER AT THE LINK FROM 1PM

the link youth health service

Hobart Community Legal Service Inc. providing legal direction



# CEO's report

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The 2017/2018 financial year was in a way one of innovation and once more, positive change. Throughout the year we completed the migration of our financial systems to Xero and we commenced the migration of our HR systems to Employment Hero. Both Xero and EH are cloud-based platforms that integrate to deliver a more efficient way to manage finance and HR.

We also invested some of our resources into redeveloping and launching our new website and intranet site. The new-look/new-feel website has taken a contemporary shape and the intranet site built “behind it” has given us an additional vehicle to communicate internally with staff and the Board, as well as provide a platform for information that is easily accessible.

During this financial we had the opportunity to further strengthen our partnerships, build upon previous collaborations and deliver statewide services.

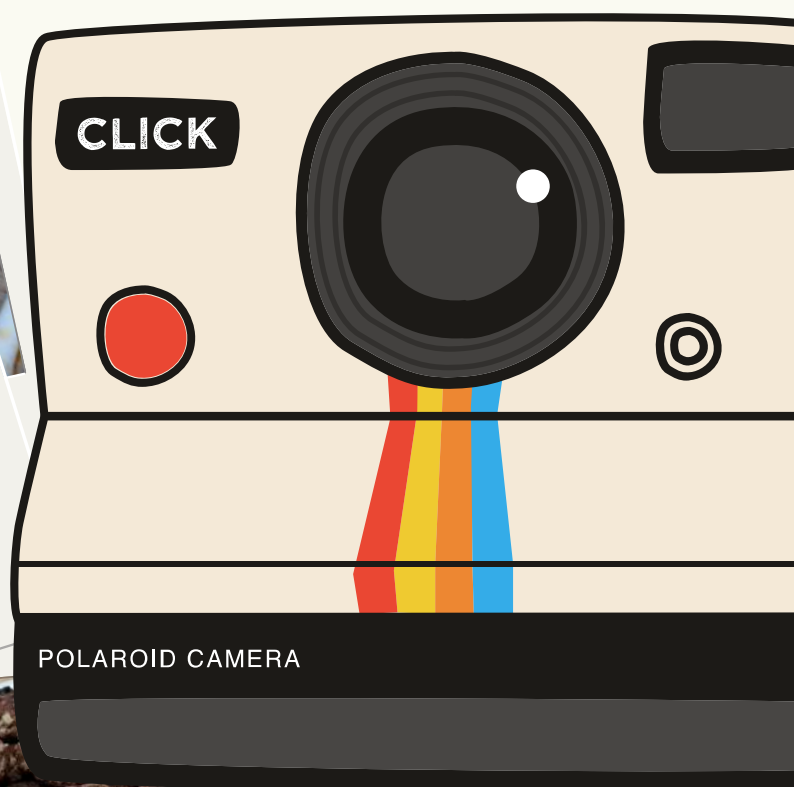
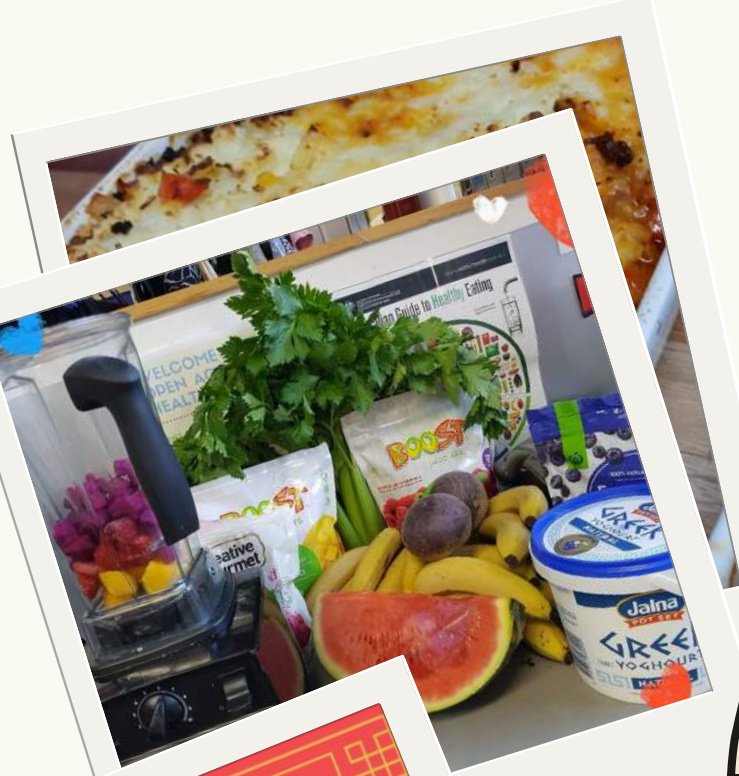
Our partnerships with Richmond Fellowship Tasmania (RFT) Youth Family and Community Connections (YFCC) and Colony 47 particularly through the development and implementation of Project reachABLE. The project was a pilot to assist people engage with and link into the National Disability Insurance Scheme (NDIS) and the three agencies worked on the development of the submission and the delivery of the service statewide, with the assistance of YFCC in the Northwest.

In partnership with Cornerstone Youth Services (CYS) a submission to Primary Health Tasmania (PHT) for the provision of outreach mental health services (the former ATAPS program) was successful and CYS became the recipient of the new funding, partnering with The Link to deliver services in the South of the State.

During this year, we also had the occasion to collaborate with Public Health Service (PHS –now Population Health Services) to refine our funding agreement and work together on developing a reporting template more in-line with measuring outcomes. This will be further refined during the course of our current funding agreement, but early signs are very pleasing.

Naturally, The Link would not be able to provide the quality services we do provide, without our funding partners and I acknowledged the spirit of collaboration we share with PHT, PHS, the Alcohol and Drug Service and the Department of Social Services.

Finally, I want to sincerely thank my management team for the quality and amount of work they have invested in The Link, the support of the Board and mostly, all the staff that make us the team we are. We are very lucky to have a community of people working together passionately for the benefit of our clients.



# achievements



As the Community Health Educator I travel around; to Triabunna, Dover, and many places in between to promote The Link Youth Health Service and **headspace** Hobart, as well as promoting positive mental health messages and tips for young people and their parents and carers. The Youth Reference Group have continued to work with me in the promotion of **headspace** and its services, and had input into identifying training opportunities to participate in for their own Professional Development.

In March, three YRG members (including our own representative on the National Youth Reference Group) travelled with myself and other staff to the **headspace** National Office Forum in Melbourne. This forum was a great opportunity for them to meet other young people in similar roles, and also to attend amazing informative sessions on a plethora of topics from the link between nutrition and mental health, to including how to successfully organise community events. - **Shelagh, Community Health Educator**

The Individual Placement and Support (IPS) model is the most researched strengths-based approach to supported employment in the world. Currently, **headspace** Hobart is one of 14 **headspace** Centres participating in the Australian Government's Youth Employment Strategy (funded by Dept. of Social Services) trial of the IPS. An independent organisation has been engaged to rate the level of fidelity (adherence to the model) across 25 different items. In November 2017, a baseline Fidelity Review of the IPS was conducted, with **headspace** Hobart scoring 102 out of a possible 125. During a second Fidelity Review in May 2017, headspace Hobart scored 112. Both scores are within the 'Good Fidelity' range. - **Lorelle, IPS Program Manager**





# achievements...



The Youth Health Fund (YHF) is administered state-wide by The Link Youth Health Service through a network of 'Youth Health Fund Access Workers'. The aim of the Youth Health Fund is to buy essential health services and/or health items for young people who otherwise could not afford them.

These young people come from varying backgrounds with a wide range of health issues. The YHF Program helps by providing immediate support and financial help to disadvantaged young people 12-24 across the state of Tasmania. It is so rewarding when young people have their health needs met without the barrier of capacity to pay (and contributes to better or majorly positive life changes). The YHF program is a great way to build rapport and engage with young people, to build trust, and establishing a service as a place to get health help in the future. - **Nikala, YHF Manager**



At The Link we offer our Open Access area as a youth friendly health space, designed to support the practical and emotional health and wellbeing needs of young people in the CBD and surrounding suburbs. This year we've been busy improving that area so more young people can benefit! From new approaches to better address nutrition outcomes, such as connecting the message of "mood and food" or being able to provide FREE fresh fruit daily! This has been such an important new addition to our health service.

We also continue to celebrate other health messages such as sun-smart skills, Harmony Day, Mens Health Week, No Tobacco Day, Wear It Purple Day, NAIDOC, and many others. Not only that, but our numbers highlight we've been busier than in previous years helping more young people connect to the things they need to support their health and wellbeing.

Full steam ahead! - **Andrew, Youth Health Service Coordinator**

# achievements...



**headspace** Hobart partnered with Mental Health Carers Tasmania to become the only national youth mental health demonstration trial site for the 'A practical guide for working with carers of people with a mental illness, March 2016, Mind Australia, Helping Minds, Private Mental Health Consumer Carer Network (Australia), Mental Health Carers Arafmi Australia and Mental Health Australia'. The Centre has worked with Mental Health Carers Tasmania to see where improvements could be made against the six partnership standards in the guide. The six Partnership Standards are designed to improve outcomes for consumers by combining the knowledge and skills of staff with the knowledge and lived experience of family and other carers in a partnership approach to service delivery across all settings.

A Dialectical Behaviour Therapy Skills group was trialled collaboratively between **headspace** Hobart and The Tasmanian Health Service's Child and Adolescent Mental Health Service (CAMHS) South. A range of staff across the teams accessed training and began a pilot group for a 12-week period. The learnings from this pilot has developed into a series of group programs for young people and their family and friends that has commenced in the later part of 2018 funded by My State and Commonwealth Banks.

A Worker on Duty session was introduced on Wednesday afternoons at the Clarence Integrated Care Centre during the reporting period.

As a part of the a national certification project run by **headspace** National Office, **headspace** Hobart underwent the **headspace** Model of Integrity Framework (hMIF) during 2018. It took a considerable amount of time and resources from the Centre and Lead Agency to complete during the reporting period. Whilst hMIF was a time-consuming process, staff felt it was a good process to undertake to ensure that the Centre was matching the national model. We reviewed our complete set of policies and procedures and brought them into one clinical practice manual. This process will be completed by the end of 2018.

- Miranda, headspace Hobart Centre Manager



# achievements...



During this period The Link has allocated resources to provide outreach Alcohol and Other Drug (AOD) services to the Sorell and Brighton municipalities. Need for AOD services have been identified from consultations with the local communities. Further outreach has been delivered at New Town High and Ogilvie High Schools.

- There has been an increase in client numbers in the AOD programs.
- We have developed a new database and data collection system.
- Illicit Drug Diversion Initiative referrals have had a significant increase and the trend seems to be continuing.
- Increase in referral from the Link Open Access brief interventions to AOD case workers.

**- Maggi, Quality Improvement Manager**

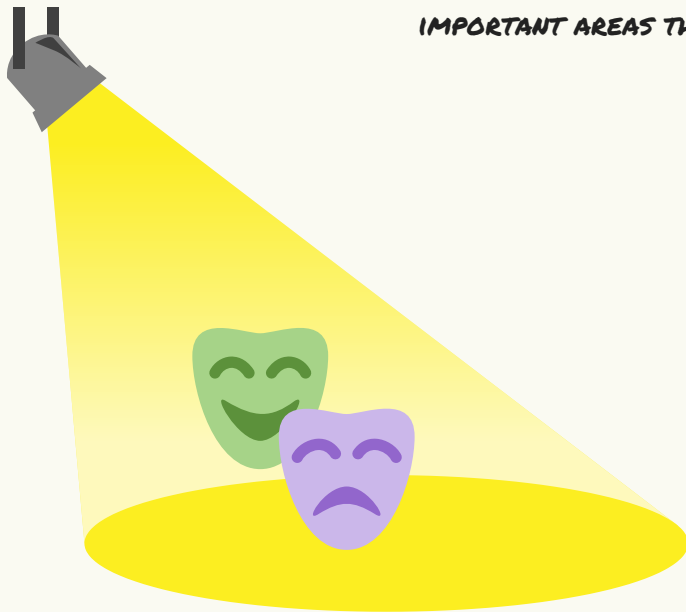


# what people say..

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"I would just like to thank you all to know how grateful I am for all your help in the treatment for my teeth. I feel so blessed to have been given this support and I thank you all so much. Receiving this treatment was a distant dream I had from a very young age. My mother being a single parent could never have afforded this. I never thought I could have either, but thanks to you my entire dream is now my reality. I pray for many blessings for your organisation and those who make it. I want to thank you again as this means so much to me. Your kindness is so evident in what you do" - 23 year old young person, YHF

**"THE "KNOCK DOWN MENTAL HEALTH NASTIES" WAS SUCCESSFUL - THE YOUNG PEOPLE REALLY ENJOYED IT, AND POSITIVE FEEDBACK FROM OTHER SERVICES AND THE SCHOOL WAS THAT IT WAS ENGAGING AND PROVIDED INFORMATION ON IMPORTANT AREAS THAT IMPACT ON PEOPLE'S MENTAL HEALTH." - YHW, ELIZABETH COLLEGE WELLNESS EXPO 2018**



"I definitely think that participating in the Youth Week poetry slam encouraged me to speak out about what matters to me. As someone who has come out the other side of mental health and identity struggles, I was glad to have the opportunity to share my work in the hopes that it would encourage other youths experiencing similar things to be strong and know that they're not alone." - young person, Youth Week 2018

**"ONE PARTICIPANT WAS VERY SURPRISED BY THE IMPACT THAT ALCOHOL CAN HAVE ON BRAIN FUNCTION, AND IDENTIFIED THAT THEY WANTED TO CUT BACK ON ALCOHOL DUE TO THEIR INCREASED KNOWLEDGE OF THE RISKS INVOLVED." - YHW, MEN'S HEALTH WEEK 2018**



# what people say..

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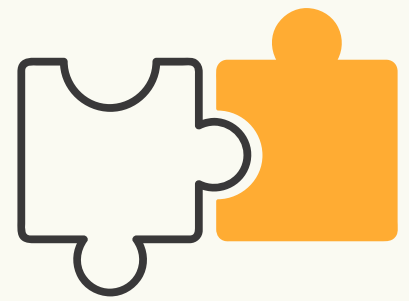
## YOUTH HEALTH FUND FEEDBACK

*"I just spoke to \*\*\*\* and he was over the moon! Very, very grateful, so thank you so much for your generosity. This Family has been through a lot prior to arriving in Australia and also since being here – this is a great win for them and a wonderful thing to happen in their family"*

*"The flexibility of the program was considered one of the greatest strengths including the ability for Access Workers to assess and respond to need on a case to case basis"*

*"Many come from disadvantaged backgrounds and to be able to provide contraception & care of fertility & sexual health without having to fight for their right to essential health care services was something I was immensely proud of.."*

# challenges



- Some identified trends in the Alcohol and Other Drug (AOD) space include limited awareness amongst some service providers with regard to adolescent mental health and well being and effectively engaging young people. This includes a limited awareness of the differences between youth specific and adult AOD services. Limited housing and transport options for young people continue to impact on young people's capacity to engage and participate in programs (19% do not attend rate).
- Time and resources to establish outreach projects in response to an increase in requests.
- Additional resources may be needed to maintain outreach to Sorell and Bridgewater and the schools as well as maintain the current increasing demand for services and meet new outcomes in 2018/19 funding agreement. - **Maggi, Quality Improvement Manager**

With increased service demand, ongoing barriers to Tasmanian health services, and the loss of YouthARC it means the delicate balancing of service space capacity between young people who need a space for health support and advice, and couch-surfing/homeless young people who require regular general access and respite in a safe and supportive environment.

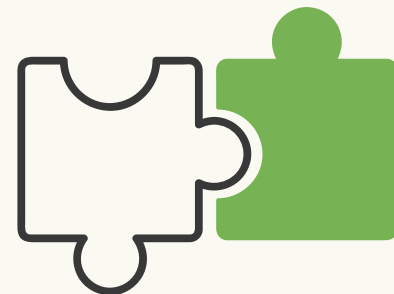
Supports for mental health, drug and alcohol brief interventions, emotional wellbeing, and nutrition were the main health issues for presentation in our open access for this year. - **Andrew, Youth Health Services Coordinator**

The Youth Health Fund continues to face the constraints of the programs finite resource. Workers were concerned about the availability of funding for the YHF Program, and the issue of how any promotion of YHF might affect demand on the Fund:

*"The risk of promotion is that there isn't enough money - and we'd have more people accessing the Fund."*

The high demand of Orthodontic work overly burdened the budget this year. As per previous years, another challenge was increased demand for assistance for additional counseling sessions when young people's Mental Health Care Plans have expired. - **Nikala, Youth Health Fund Manager**

# challenges...



Wait times and associated demand management continues to be the major issue for **headspace** Hobart. Even with increased service delivery into our Consortium partners' sites and Huonville High School, more private mental health clinicians and two GP Registrars, demand has continued to increase. Primary Health Tasmania has kindly provided both Tasmanian **headspace** Centres with a consultant to look at additional demand strategies.

During the reporting period **headspace** and one of its consortium partners Hobart City Council entered into a formal agreement to have a dedicated office on site for 5 days to build up its Brief Intervention Clinic (BIC) and psychology support. On the 11th of May Hobart City Council had to permanently close YouthARC due to severe flooding. We send YouthARC staff our best wishes and can't wait until it opens again so we can resume our partnership.

In the meantime we have partnered with TasTAFE in Campbell Street to continue to provide the level of support offered previously at YouthARC.

The **headspace** Hobart Youth Reference Group has seen a number of changes whilst the group reviewed its Terms of Reference, work plan and training plan. The Reference Group has been revitalised and recruitment of new members occurred during the period.

The group has been involved in:

- the **headspace** Model of Integrity Framework national certification process.
- the preparation and editing of headspace clinic documents
- helping with the planning and organisation of events with the CHE
- other general headspace business as required, for example, the redesign of **headspace** Hobart waiting area.

- **Miranda, headspace Hobart Centre Manager**

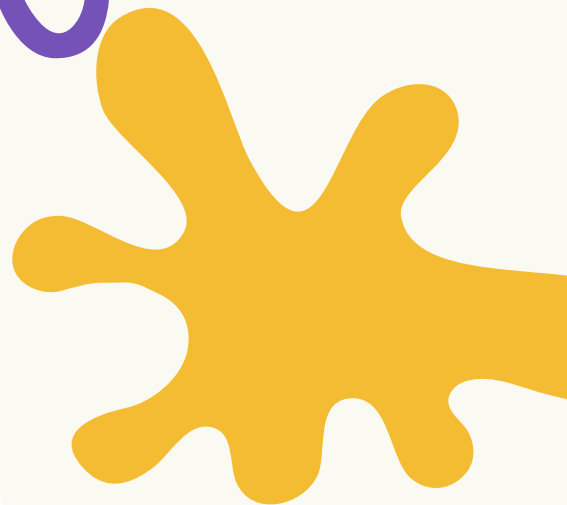
The main challenge for the IPS team, during the 2017/2018 period has been managing an ever-growing waiting list for the program. There is a clear and increasing demand by our young people for this model of support with education and employment that's not being provided elsewhere. Another challenge was the increase in caseload which meant that our resources were stretched. - **Lorelle, IPS Program Manager**







yes ✓



# who we worked with



During the year, the IPS team have made and/or strengthened our relationships with the other headspace trial sites and the Dept. of Social Services, University of Tasmania, TasTAFE, local Job Providers, employers, PCYC, Volunteering Tasmania, Tasmanian Chamber of Commerce and Industry, Moonah and Glenorchy Business Association, Centrelink, Mental Health Carers Tasmania, Mental Health Council of Tasmania, Youth Entrepreneurial Services (YES), and of course The Link Youth Health Service... and last, but not least, the people who make our program possible, the **headspace** Hobart clinicians and Youth Engagement Workers! - **Lorelle, IPS Program Manager**

The **headspace** Hobart Consortium continues to grow with a representative from the Hobart and Southern Districts Adult Community Mental Health Service, and the Youth Reference Group joining in the reporting period. An Expression of Interest Process has begun to get a dedicated independent Chair of the Consortium. The group has also worked on developing a new Terms Of Reference/MOU, which was endorsed in March 2018.

- **headspace** Hobart provided a Youth Engagement Worker 0.1FTE for a three month period to assist with The Code Blue Project.
- It has been wonderful working with Mental Health Carers Tasmania Inc. this year to look at our Family and Friends participation in the Centre.
- The Commonwealth Bank and MyState Foundation provided funding to continue our Brief Interventions clinics.
- The Centre continues to have a great working relationship with the University of Tasmania's Department of Psychology through provision of students.

A big thank you to General Practice training Tasmania (GPTT) and Dr Jenny Presser and Dr Alison Edwards for assisting us to support two GP Registrars in the Centre during 2018.

- **Miranda, headspace Hobart Centre Manager**

Tasmanian Health Service's Alcohol and Drug Services, Tasmania Police, Alcohol Tobacco and Other Drug Council, Drug Education Network, Sorell and Brighton municipalities, Karadi Aboriginal Centre, New Town High and Ogilvie High Schools. - **Maggi, Quality Improvement Manager**

# who we worked with...

We continue to collaborate with a number of councils and organisations in the south of the State; this included collaborating with our surrounding Local Council Youth Services for events and promotional activities.

Some examples included:

- Hobart, Clarence, Glenorchy and Huon Valley Councils
- Working It Out
- Youth Network of Tasmania

- **Shelagh, Community Health Educator**

Examples of collaborations to support high level services to young people included:

- **26TEN** – working to improve the health literacy of the organisation for engaging with young people, and potential collaboration opportunities to address literacy issues in youth demographics.
- **Australian Association for Adolescent Health** – on the organising committee for the 2018 National Conference for youth health.
- **ATDC Bus Tour** - Planned visit from AOD services around the southern state region to hear about what services exist.
- **Karadi Aboriginal Corporation** – ongoing external and internal visits to Karadi to support young Aboriginal Tasmanians, and collaborated planning for events such as NAIDOC week.

- **Andrew, Youth Health Service Coordinator**

The State Advisory Group (SAG) that provides a governance role for the Youth Health Fund program. The SAG is made up of the following representatives: State Government, The Link Youth Health Service as Administrators of the Fund, and Access Workers representing their particular region of the State, North, South, and North West.

On average there are over 250 statewide trained YHF Access Workers that make this program run efficiently and provide access for clients to the Fund. They include School Health Nurses, Social Workers, Youth workers, Family Planning workers and more.

The Youth Health Fund continues to maintain regular contact with hundreds of Service Providers across the State. We have built great rapport with several new Providers who understand the complexities and nature of health and wellbeing in young people.

- **Nikala, Youth Health Fund Manager**

# who we supported & how



The Link's Open Access health space saw a combined TOTAL number of registered (formal) and brief intervention (informal) contacts increase from 5510 (July to Dec 2017) to 6148 (Jan to July 2018).

While there is a significant increase in young people receiving support - registered client contacts (last period = 1209, this period = 2156), the number of distinct registered clients remained similar (last period = 303, current period = 272). This highlights a significant increase of repeated formal client contact, and suggests a higher intensity of formal client contact regarding health issues and supported assistance.

- **Andrew, Youth Health Services Coordinator**

We have continued to support the University of Tasmania through a range of activities at their events throughout the year. We have also supported colleges and high schools across the south of the state through presentations and workshops with students, as well as attending a range of events organised by students throughout the school year including a number of Mental Health Expos.

-- **Shelagh, Community Health Educator**

As a part of our AOD program, workers discuss the impact of AOD use on wellbeing with young people. Information and advice is given about reducing drug related harm, and we work with young people to find other service avenues when required, so they can receive further support to reduce drug related harm. In the last half of 2017, 71% of our clients supported through our AOD program reported achieving their goals to reduce drug related harm. Of those clients responding to our program survey data, 100% reported satisfaction with the service. More than 150 brief interventions provided in our Needle and Syringe Program. - **Maggi, Quality Improvement Officer**



The **headspace** Hobart Centre Activity Overview Report Financial Year (FY2017-18) report continues to demonstrate the Centre's response to its demand level - FY2016-2017 = FY 2017, FY 2017-2018 = FY 2018

**Occasions of Service:** FY 2017 = 4806, FY 2018 = 6223 that is a 29% increase.  
**Serviced young people:** FY2017 = 1440, FY2018 = 1717 which is a 19% increase.

**New Young People:** FY2017 = 812  
FY2018 = 952 which is a 17% increase.

**Returning Young People:** FY2-17 = 575, FY2018 = 703 which is an 22% increase

**Average visit frequency:** FY 2017 = 3.3, FY2018 3.6 an increase of 9%.

- **Miranda, headspace Hobart Centre Manager**



The Youth Health Fund supports Young People 12-24.

Supporting young people is something the YHF completes by having that one on one support with the Access Workers and providing access to the Fund to pay for Health Items and Health Needs; this may be contraception, specialist appointments, dental, counseling sessions, hygiene items, prescriptions and more.

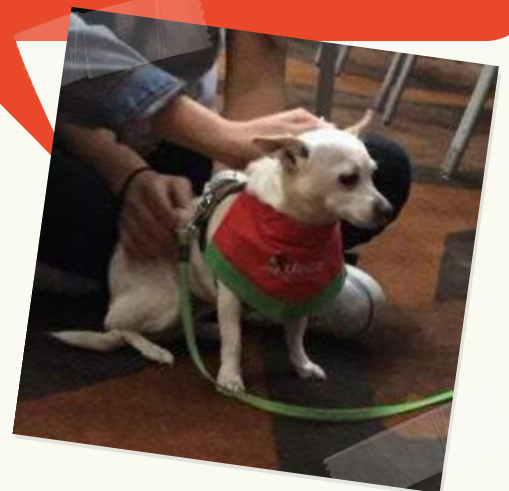
From July 1st 2017 until 30th June 2018 the YHF assisted 1,458 applications to the Youth Health Fund across the state:

984 in the SOUTH  
252 in the NORTH WEST  
222 in the NORTH

- **Nikala, Youth Health Fund Manager**

Since March 2017, the IPS team have worked with 92 young people, supporting them into education and employment. As participants 'graduate' from the program, new referrals come on board. During the 2017-2018 period, the IPS team worked with 44 new clients. During this period there were 16 education placements and 23 employment starts. Some participants commenced more than one job.

- **Lorelle, IPS Program Manager**



# coming up

## Our focus for the next 3 years



- Continuing to review and refine our service to ensure easy pathways for clients and stakeholders.

- Client focus groups to better engagement and discuss issues impacting on young people's lives.

- Pregnancy Counselling

- Expanding our partnerships with Pulse, ADS  
- St Johns Park, Clarence Integrated Care.

- Improving platform sharing for YHF Access Works to share learnings and feedback.

- a NEW strategic plan!

# treasurer's report

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The 2017/2018-year was another secure year financially. There was minimal change to our core funding from 2016-17 as this year was the final of our three-year State government agreements. All of these have been successfully negotiated going forward. All other funding agreements remained in place with the exception of the completion of the Y-Com Validation Study. This program, which was started last year finished in April, and was not extended by Orygen as it was only a short-term study. We were able to utilise the staff in other areas of the organisation at the end of this program.

We worked collaboratively with Richmond Fellowship Trust to provide a staff member to Project ReachAble, a program designed to assist in the implementation of the NDS. This was only for a 12-month period.

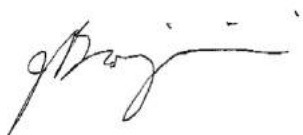
We were lucky enough to receive a donation of \$10,000 for the Brief Intervention Clinic at the end of the financial year from the Commonwealth Bank Employees, which has allowed us to continue this program into the next financial year.

Xero continued to be a benefit to the organisation, and we introduced our new Human Resources software Employment Hero during this financial year. Hero integrates seamlessly with Xero providing further efficiencies in both the areas of finance and HR.

Investment strategies were put into place this year, with money being invested in various term deposits, thus leading to an increase in interest income, benefiting the bottom line for our own funds.

The Finance and Risk committee met regularly, ensuring that The Link's financial and risk management practices and performance were monitored and that relevant information and reports were brought to the Board.

**John Borojevic**  
**Treasurer**



# The Link Youth Health Service Inc

A.B.N. 11 770 186 878

## Financial Report

For the Year Ended 30 June 2018

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Level 1, 18 Ross Avenue  
Rosny Park TAS 7018

Phone: (03) 6244 5044  
Fax: (03) 6244 7319

E-mail: [info@accruhob.com.au](mailto:info@accruhob.com.au)



## FINANCIAL REPORTS

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Board members at the date of this report are:

Rob Meredith - President

John Borojevic- Treasurer

Judy Hebblethwaite

Helen Barrett- Secretary and Public Officer

Aneita Browning

Marita Long

Linda Paynter

### Principal Activities

The principal activities of the Association during the financial year were:

- The provision of health information to young people;
- Running a walk-in holistic health service for young people 12-24 years;
- The promotion of harm reduction strategies for young illicit drug users;
- The diversion of young people with alcohol and other drug issues from the court system; and
- The provision of funds for young people to access health services statewide through a network of trained access workers.

headspace Hobart ( the Link Youth Health Service Inc as the lead agency)

- Deliver flexible, friendly, relevant and practical service options at a centralised site
- Provide timely, relevant interventions to improve the overall wellbeing of young people in primary health, mental health, alcohol and drug, and vocational assistance
- Use a cost effective collaborative approach that draws on sharing resources and expertise within the health and community sector
- Establish new service opportunities that can assist young people earlier in the onset of mental health and associative substance use problems
- Ensure all work practices have a current evidence base
- Utilise pre and post qualitative measures to assess client outcomes
- Reform local service systems; implementing community awareness campaigns and community education to assist young people experiencing mental health problems and influence both policy direction and community attitude

### Significant Changes

There were no significant changes to funding this year.



### Operating Result

The Profit for 2017/2018 amounted to \$62,733.

Signed in accordance with a resolution of the Members of the Board.

**Robert Meredith**

Dated on the 30th day of October 2018.

President

On behalf of the Board of Management

2017 \$		Note	2018 \$
	<b>INCOME</b>		
	<b>State Government</b>		
	State Government Grants:		
676,386	Core funding		798,911
	<b>State/Commonwealth</b>		
193,890	Innovative Health Services for Homeless Youths	3	202,941
108,863	Illicit Drug Diversion Initiative	3	132,227
908,390	Headspace	3	966,529
60,610	Medicare Payments Headspace		129,978
57,856	T.O.P Grant state		127,167
173,853	DSS Grant	3	319,453
34,277	Cornerstone	3	61,404
	ReachABLE	3	39,791
	<b>Self Generated Income</b>		
64	Membership fees		27
6,467	Bank interest		6,528
110,949	Other		172,681
<u>2,331,604</u>	<b>TOTAL INCOME</b>		<u>2,957,637</u>
	<b>EXPENDITURE</b>		
6,775	Audit and accountancy		8,500
61,112	Depreciation and Equipment		15,478
115,849	Property, Insurance and Office Expense		170,163
47,143	Information Technology		67,780
1,595,112	Salaries, Superannuation and Staff Provisions		1,954,878
18,617	Professional Development		34,853
75,787	Vehicles and Travel Expenses		134,096
110,910	Other Operating Expenses		168,400
75,835	headspace Other Expenses		80,988
162,671	IHSY Services		256,376
<u>2,269,809</u>	<b>TOTAL EXPENDITURE</b>		<u>2,891,512</u>
61,795	Operating surplus		66,125
	<u>Non-operating income and expenditure</u>		
-13,288	Profit/Loss on sale of Vehicles		-3,392
<u>48,507</u>	<b>Net operating surplus (deficit)</b>		<u>62,733</u>

**Balance Sheet as at 30 June 2018**

2017 \$		Note	2018 \$
	<b>CURRENT ASSETS</b>		
1,010,327	Bank		849,356
59,011	Payments in Advance		18,611
<u>268,524</u>	Receivables		<u>268,392</u>
1,337,862	<b>TOTAL CURRENT ASSETS</b>		1,136,359
	<b>NON CURRENT ASSETS</b>		
169,075	Property plant and equipment		169,075
191,942	Motor vehicle		200,564
142,907	Leasehold improvements		165,622
-332,692	Less provision for depreciation		-339,905
<u>171,232</u>	<b>TOTAL NON CURRENT ASSETS</b>		<u>195,356</u>
1,509,094	<b>TOTAL ASSETS</b>		1,331,715
	<b>CURRENT LIABILITIES</b>		
91,555	Payables and Accruals		68,096
16902	Staff Liabilities		17198
12,963	GST net		31,692
32,392	PAYG		26,794
<u>233,262</u>	Provision for staff leave		<u>276,008</u>
<u>662,277</u>	Subsidies in advance & other liabilities	3	<u>389,451</u>
<u>1,049,351</u>	<b>TOTAL CURRENT LIABILITIES</b>		<u>809,239</u>
<u>459,743</u>	<b>NET ASSETS (LIABILITIES)</b>		<u>522,476</u>
	<b>ACCUMULATED FUNDS</b>		
411,236	Balance at 1 July		459,743
<u>48,507</u>	Excess of income over expenditure		<u>62,733</u>
<u>459,743</u>	<b>BALANCE AS AT 30 JUNE</b>		<u>522,476</u>



# Statement of Changes in Equity

The Link Youth Health Service

Year Ended 30 June 2018

	Retained Earnings \$
<b>Balance 1 July 2016</b>	<b>411,236</b>
<b>Comprehensive Income</b>	
Surplus for the year attributable to members of the entity	48,507
Other comprehensive income for the year	-
<b>Total comprehensive income attributable to members of the entity</b>	<b>48,507</b>
<b>Balance at 30 June 2017</b>	<b>459,743</b>
<b>Comprehensive Income</b>	
Deficit for the year attributable to members of the entity	61,613
Other comprehensive income for the year	-
<b>Total comprehensive income attributable to members of the entity</b>	<b>61,613</b>
<b>Balance at 30 June 2018</b>	<b>521,356</b>

# Statement of Cash Flows

The Link Youth Health Service Inc

For the year ended 30 June 2018

Account	2018	2017
<b>Operating Activities</b>		
Receipts from customers	3,247,550.26	2,839,680.06
Payments to suppliers and employees	(2,930,982.06)	(2,261,848.93)
Cash receipts from other operating activities	(178,334.06)	(205,460.78)
<b>Net Cash Flows from Operating Activities</b>	<b>138,234.14</b>	<b>372,370.35</b>
<b>Investing Activities</b>		
Proceeds from sale of property, plant and equipment	13,922.73	21,818.18
Payment for property, plant and equipment	(100,685.56)	(138,884.29)
Other cash items from investing activities	21,819.56	(12,564.72)
<b>Net Cash Flows from Investing Activities</b>	<b>(64,943.27)</b>	<b>(129,630.83)</b>
<b>Financing Activities</b>		
Other cash items from financing activities	(234,261.41)	162,553.60
<b>Net Cash Flows from Financing Activities</b>	<b>(234,261.41)</b>	<b>162,553.60</b>
<b>Net Cash Flows</b>	<b>(160,970.54)</b>	<b>405,293.12</b>
<b>Cash and Cash Equivalents</b>		
Cash and cash equivalents at beginning of period	1,010,327.01	605,033.89
Cash and cash equivalents at end of period	849,356.47	1,010,327.01
<b>Net change in cash for period</b>	<b>(160,970.54)</b>	<b>405,293.12</b>

## Notes To and Forming Part of the Accounts for the Year Ended 30 June 2018

### Note 1: Statement of Accounting Policies

The financial reports are a special-purpose financial report, prepared in order to satisfy the reporting requirements of the Associations Incorporation Act Tasmania. The Association has determined that The Link is not a reporting entity.

The financial reports have been prepared in accordance with the requirements of the Associations Incorporation Act Tasmania and the following Australian Accounting Standards:

AASB 108 Accounting Policies, Changes in Accounting Estimates and Errors

AASB 110 Events after the Reporting Period

AASB 117 Leases

No other applicable Accounting Standards, Urgent Issues Group Consensus Views or other authoritative pronouncements of the Australian Accounting Standards Board have been applied.

The reports have been prepared on an accrual basis, and are based on historic costs, and do not take into account changing money values, or except where specifically stated, current valuations of non-current assets. These accounts have been prepared on a going concern basis.

The following material accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this financial report.

- **Income Tax**

The Association is exempt from income tax as a charity and is also a Deductible Gift Recipient for taxation purposes.

- **Fixed Assets**

The depreciable amount of fixed assets is depreciated over their useful lives commencing from the time the asset is held ready for use. Leasehold improvements are amortised over the shorter of either the unexpired period of the lease or the estimated useful lives of the improvements.

The carrying amount of fixed assets is reviewed annually by the Board to ensure it is not in excess of the recoverable amount of those assets.

- **Leases**

Lease payments under operating leases, where substantially all the risks and benefits remain with the lessor, are charged as expenses in the period in which they are incurred.

- **Employee Entitlements**

Provision is made for the Association's liability for employee entitlements in relation to annual leave and long service leave. Liability in relation to long service leave is calculated from the date of appointment, but is not payable in full until the completion of ten years' service, and not payable pro-rata until at least seven years' service. Our experience to date is such that we expect these commitments to be payable.

Contributions are made by the Association to employee's superannuation fund of choice and are charged as expenses when incurred.

Note 2: Operating Lease Commitments

The Association leases premises at 57 Liverpool Street, 49 Liverpool Street and 51 Liverpool Street.



### Note 3: Government Subsidies/Grants Received In Advance

Government operational subsidies and grants received in respect of expenses and programs are taken to income in accordance with the pattern of expenditure incurred, or on a time basis as best fits the terms of the subsidy or grant, to provide for the matching of revenue and expenditure during the year and future periods. Details of subsidies in advance and Project Grants are shown below:

#### **Headspace**

Brought forward from 2016/2017		\$339,742
Grant income received		\$886,058
Bank Interest and Medicare Income		\$174,879
Repayment to Primary Health		\$4,859
	Funds Available	\$1,395,820
less; Grant Expenditure		\$1,068,831
Carried forward to 2018/2019		\$326,989

#### **Headspace School Support**

Brought forward from 2016/2017		\$662
Grant income received		\$7,273
	Funds Available	\$7,935
less; Grant Expenditure		\$6,360
Carried forward to 2018/2019		\$1,575

#### **Innovation Health Services for Homeless Youth (IHSY)**

Brought forward from 2016/2017		\$15,745
Add back to account for loss in South and Program Management in 2017		\$25,245
Grant income received		\$306,695
Bank Interest		\$0
	Funds Available	\$347,685
less; Grant Expenditure		\$351,444
Carried forward to 2018/2019		-\$3,759

Note 3: Government Subsidies/Grants Received In Advance (Con't)

**Youth Health - State**

Brought forward from 2016/2017		\$22,882
Grant income received		\$191,929
Bank Interest		\$0
	Funds Available	\$214,811
less; Grant Expenditure		\$223,185
Carried forward to 2018/2019		-\$8,374

**Illicit Drug Diversion Initiative (IDDI)**

Brought forward from 2016/2017		\$18,602
Grant income received		\$113,412
Bank Interest		\$0
	Funds Available	\$132,014
less; Grant Expenditure		\$132,214
Carried forward to 2018/2019		-\$200

**ADS - Core funding**

Brought forward from 2016/2017		\$71,504
Grant income received		\$505,719
Bank Interest and Sundry		\$3,521
	Funds Available	\$580,744
less; Grant Expenditure		\$603,055
Carried forward to 2018/2019		-\$22,311

**Y-Com Validation Study**

Brought forward from 2016/2017		\$61,734
Grant income received		\$0
Bank Interest		\$0
	Funds Available	\$61,734
less; Grant Expenditure		\$58,443
Carried forward to 2018/2019		\$3,291

Note 3: Government Subsidies/Grants Received In Advance (Con't)

**IPS Trial**

Brought forward from 2016/2017		\$86,147
Grant Income received		\$260,000
Bank Interest		\$0
	Funds	
	Available	\$346,147
less; Grant Expenditure		\$319,453
Carried forward to 2017/2018		\$26,694

**Outreach Program**

Brought forward from 2016/2017		\$19,110
Grant Income received		\$57,627
Bank Interest		\$0
	Funds	
	Available	\$76,737
less; Grant Expenditure		\$64,177
less: Grant Funds recaptured		\$15,333
Carried forward to 2017/2018		-\$2,773



Note 4: Continuation of funding

Funding for headspace was taken over by Primary Health Tasmania for the 1<sup>st</sup> July 2016. A contract was signed with provides funding for the program until 2019.



### STATEMENT BY MEMBERS OF THE BOARD

The Board has determined that the Association is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies stated in note 1 of the financial statements

In the opinion of the Board, these financial reports set out on pages 1 to 10:

- Present fairly the financial position of The Link Youth Health Service Inc. as at 30 June 2018 and the performance for the year ended on that date.
- At the date of this statement, there are reasonable grounds to believe The Link Youth Health Service Inc. will be able to pay its debts as and when they fall due.

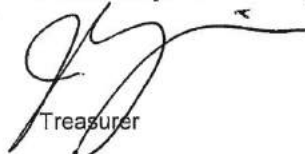
**Robert Meredith**



President

Date: 30 October 2018

**John Borojevic**



Treasurer

Date: 30 October 2018

# The Link Youth Health Service Inc

## Auditor's Independence Declaration

For the Year Ended 30 June 2018

Dear Sirs,

As auditor for the The Link Youth Health Service Inc for the year ended 30 June 2018, I declare that to the best of my knowledge and belief, there have been:

- a) No contraventions of the auditor independence requirements of the *Australian Charities and Not-for-profits Commission Act 2012* in relation to the audit; and
- b) No contraventions of any applicable code of professional conduct in relation to the audit.

This declaration is in respect of the above-mentioned entity.

Yours sincerely  
Accru Hobart Pty Ltd



Michael Burnett B.Com., FCA  
Registered Company Auditor  
Partner

31/10/2018  
Date

# Independent Auditor's Report

To the members of The Link Youth Health Service Inc

## Opinion

We have audited the financial report of The Link Youth Health Service Inc (the Entity), which comprises the balance sheet as at 30 June 2018, the statement of income and expenditure, statement of changes in equity and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies and other explanatory information, and the statement by members of the board.

In our opinion, the accompanying financial report presents fairly, in all material respects, the financial position of the Entity as at 30 June 2018 and of its financial performance and its cash flows for the year then ended in accordance with the *Australian Charities and Not-for-profits Commission Act 2012* (ACNC Act).

## Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Entity in accordance with the ethical requirements of the Accounting Professional and Ethical Standard Board's APES 110 *Code of Ethics for Professional Accountants* (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

## Emphasis of Matter – Basis of Accounting

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared to assist The Link Youth Health Service Inc to meet the requirements of the ACNC Act. As a result, the financial report may not be suitable for another purpose.

## Responsibilities of Board Members for the Financial Report

Board members are responsible for the preparation of the financial report in accordance with the ACNC Act, and for such internal control as management determines is necessary to enable the preparation of the financial report that is free from material misstatement, whether due to fraud or error.

In preparing the financial report, Board members are responsible for assessing the Entity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless Board members either intend to liquidate the Entity or to cease operations, or has no realistic alternative but to do so.

The Board members are responsible for overseeing the Entity's financial reporting process.

### Auditor's Responsibility for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial report.

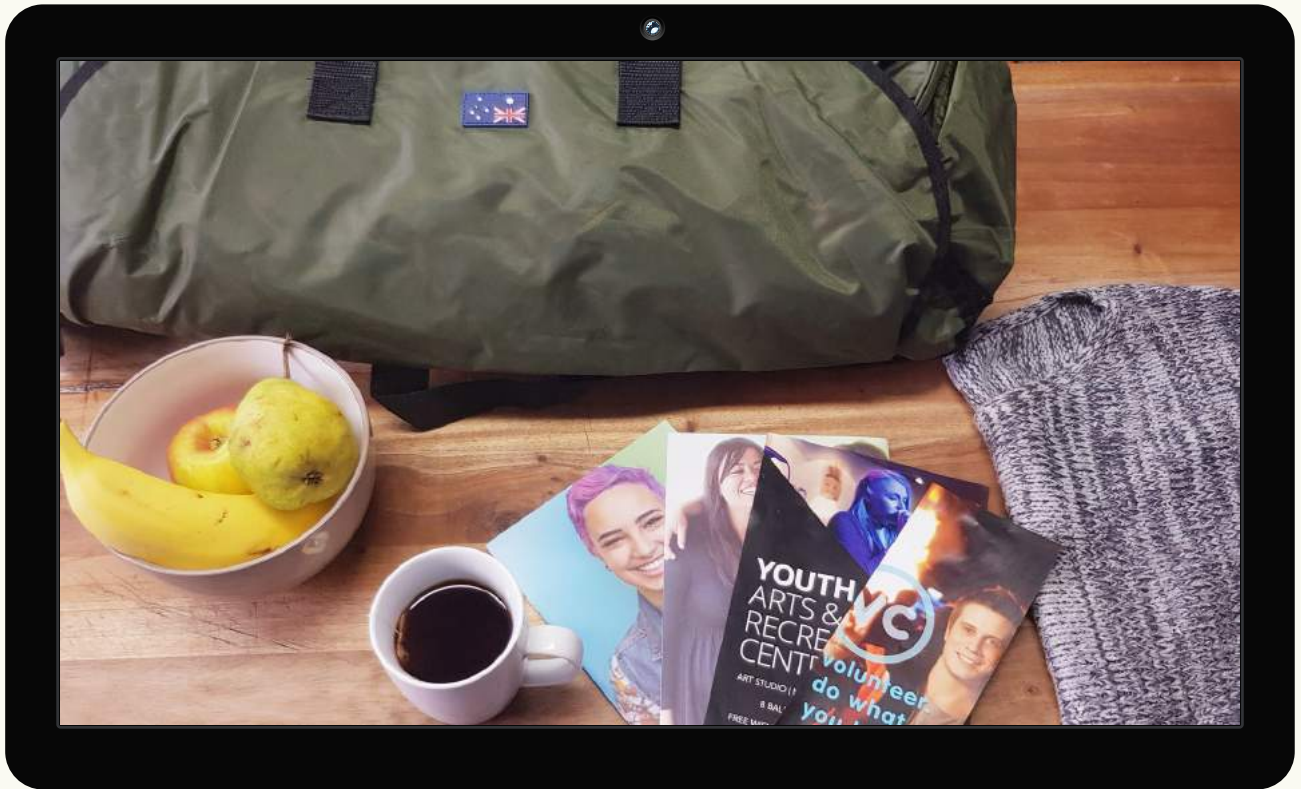
A further description of our responsibilities for the audit of the financial report is located at the Auditing and Assurance Standards Board website at: <http://www.auasb.gov.au/Home.aspx>. This description forms part of our auditor's report.



Michael J Burnett B.Com. FCA  
Registered Company Auditor: 281  
Partner, Accru<sup>+</sup> Hobart  
Lvl 1, 18 Ross Avenue  
ROSNY PARK TAS 7018

31/10/2018  
Date







# who we are: team of 2017 - 2018

## headspace team:

*\*private practitioner*

Miranda Ashby  
Anna McCormack\*  
Jennifer Presser\*  
Kelly Pettit  
Angela Waite  
Bethany Smith  
Anneke Mertens\*  
Bernadette Carroll  
Lyndel Dean  
Philip McKay  
Renaë Pepper  
Adela Marrone  
Adrian Cakra  
Jesse Greenwood  
Shelagh Curtain  
Amy Cochrane  
Beatrice Webb  
Jason Lemon  
Jennifer Kuhn  
Rebecca Grant\*  
Sathya Maniam  
Wendy Roberts  
Helen Middleton  
Alison Edwards\*  
Steven Bradford\*  
Katie Ling\*

## Our Board:

Judy Hebblethwaite/Rob Meredith - President  
John Borojevic – Treasurer  
Helen Barrett  
Aneita Browning  
Linda Paynter  
Marita Long

## Administration/Finance:

Eliza Lee  
Cathryn De Soza  
Yan Rayner

## IPS team:

Lorelle Taylor  
Angela Woodward  
Annette Swinnerton Smith  
Susan Dickson  
Thomas Kearney-Elkan

## AOD team:

Duncan Giblin  
Kellie Bryan

## Reception team:

Julie Downie  
Tania Cerritelli  
Kimberly Brown  
Molly Devlin

## Management:

David Perez  
Maggi Boughton  
Tania Hunt  
Eliza Lee  
Miranda Ashby

## YHF team:

Marianne Wyrsh  
Nikala Post

## YHW team:

Andrew Badcock  
Emily Rawlings  
Tara Smith  
Thomas Burdick  
Rebecca Pettit  
Ashlin Page





