

The Link Youth Health Service

ANNUAL REPORT

2021 - 2022



the link
youth health service



We live in a world of lived experience...

And so we are enriched by listening, employing, and valuing people with lived experience of mental ill-health, substance use, and recovery and the experience of people who have been carers, families, or supporters. Each person's journey is unique and a valued contribution to Tasmania's commitment to mental health, alcohol and other drug support, and suicide prevention responses.

Table of contents

Our journey so far	05
Meet the board	06
2022-20225 strategic plan	07
President report	08
CEO report	09
headspace Hobart	12
headStart	14
Early Graduate Program	15
Community Youth Health Program	17
Youth Health Fund	18
Alcohol & Other Drugs Service	20
Short-Term Psychological Intervention	22
Horizon 47	23
Quality & Improvement	26
Spotlight of Year	27
Financial Statement	30
Who we are: 2021 - 2022	32
Thank You	33
Our programs and funding	34



In respect to the palawa and pakana people

We acknowledge the traditional custodians of the land lutruwita upon which we live, play, and work on. We also pay our respects to elders of all Aboriginal and Torres Strait Island communities on these lands, past and present.

...& hello!

The Link Youth Health Service has been providing support to young people in Hobart since 1990. We provide free and confidential health and wellbeing services for young people aged 12-25.

We are a service that celebrates the cultures, identities, languages, and beliefs that make us who we are. We welcome all who connect with our service, and stand proud with the different lived experiences everyone brings, from diverse sexualities, genders & intersex variations, faiths, neurodiversities, careers and educations, disabilities, and all who call this island their home – either being born here, migrating, or humanitarian pathways. There are many more than we have mentioned, and we look forward to meeting you.

Our journey so far

our mission

- Supporting young Tasmanians to be healthy and empowered.

our purpose

- To provide free and confidential health and wellbeing services for young people aged 12-25.

what we do

- Deliver quality whole health services and programs.
- Provide information for young people about personal care, sexual and health management.
- Support young people overcome barriers preventing them from accessing services.
- Provide referrals and support to appropriate services.
- Advocate for young peoples' health and wellbeing.
- Support young people find the way that's right for them.

who we work with

- Young people aged 12 - 25.
- Our Youth Reference Group.
- Families, carers, and supporters of young people.
- Our Staff, Board, and volunteers.
- Other service providers.
- The Community.
- Government and our funding agencies.
- Sector peak bodies.

what we value

- **Health**
 - All young people should have access to health services when they need them and where they need them
- **Safety**
 - We will support and encourage young people to make safe choices and minimise harm, whilst providing services within clinically-approved models.
- **Diversity**
 - Everyone is welcome and their opinions and ideas are valued and celebrated
- **Youth Centred/Client led**
 - Our clients are at the centre of everything we do
- **Organisation Capacity**
 - We will always be professional, we will develop our skills and we will build our future as a sustainable, agile and well governed Organisation

Meet the board



Rob Meredith, President



Helen Barrett, Secretary



Anna Mckay, Treasurer



Lois Jenkins, Member



Suellen Taylor, Member



Grace Mitchell, Member



Patsy Corrick, Member

2022—2025 strategic plan

Our strategic plan contains three phases over the next three years that focuses on strengthening the foundations of the organisation, which will prepare us well for growth and development opportunities into the future. **Our goals for year one:**



Goal 1

Demonstrated compliance with accreditation standards and contract KPIs.



Goal 2

To embed best practice financial, HR and governance systems and processes.



Goal 3

Confidence in our policies and structures that support our people, and program leaders empowered to manage staff, budgets and contracts.



Goal 4

Consolidated and strengthened relationships.



Goal 5

ICT systems are appropriately managed to support flexible/remote working, safe data storage and privacy laws etc.



Goal 6

Establish and embed practices to further develop and support effective ongoing governance.

President

- **Robert Meredith**

On behalf of the Board I am pleased to present the Link's annual report for the 2021-22 financial year.

As a Board, much of our focus over the past several years has been ensuring a period of thoughtful reflection within the organisation, following a transition into the delivery of clinical services through the headspace program, to ensure that our internal systems and processes were capable of supporting the highest level of service delivery to young people and their families.

Through the tireless work of the senior management team and all of the Link's staff, we have refreshed our finance and clinical governance models, extended our reach into the community through partnerships, and ensured that the foundations existed for the Link to continue sustainably and effectively supporting young people for the next 35 years. Although the process is not complete, and there will be further challenges in the coming years, I am confident that the organisation is in a better position now to meet those challenges than it was before this process.

As with any not-for-profit organisation, and any organisation within the not-for-profit health or youth sectors in Tasmania, we also face the perennial challenges of limited resourcing and difficulty in attracting and retaining human resources.

These challenges are not endemic to the Link, and must be met as part of a process of sector-wide consultation and strategy, which is led by, or at least includes, government and other funding bodies.

In the current economic environment the sector as a whole will need further support to meet those challenges if they are to be able to continue 'filling the gaps' and providing services which are important, necessary, but do not easily find a home within the current model of essential, government or private service delivery.

On behalf of the Board I would like to thank Miranda and the senior management team for all of their support this year, for their patience with the Board, and for their tireless work in ensuring the delivery of valuable services to young Tasmanians.

As this is to be my last term as President of the Board of Management, I would like to extend a special thanks to all of those Board and staff members, both past and present, who have supported me during my tenure.

I believe that the services that the Link provides are of enormous benefit to the wellbeing of young people in our community, and these services have never been more important, or more needed, than now.

Chief Executive Officer

- **Miranda Ashby**

The past twelve months (July 2021 – June 2022) have shown us what The Link Youth Health Service (The Link) can do to continue to make a difference for our clients and their families, our staff and Board and for our stakeholders.

The year has not been without ongoing challenges in the changing world of COVID, and in social, political, and economic contexts; and we also had several environmental factors impact on us. We started the financial year with a week-long building closure in July due to the Brunswick Hotel Fire next door to our site. Following a three-day COVID lockdown in November, we progressed to a two-building model, separating our services in preparedness for the border openings in late December 2021. To our staff's credit, through these challenges we maintained our service levels, which is no mean feat.

The Organisation has continued to focus on its foundations this year, with the aim of strengthening and sustaining The Link for the future. We have been working with our Link Leaders and Seniors to be more involved in the financial and corporate systems, including budget processes with BDO Financial Services

The model of clinical leadership across all programs has continued to be embedded, with Tanya Fitzpatrick, Kellie Bryan and Wayne Frost supporting our clinical staff and structures. Our clinical management structure was finalised in March 2021, with Angela Waite returning to The Link as our inaugural Clinical Manager and Deputy CEO.

We meet as a collective monthly, not only to have a range of internal and external guest speakers, but to learn from each other. We have monthly team and building meetings, and clinical reviews, with the aim of keeping us all up to date, but most importantly, connected. I hope the staff see and feel the Organisation wrap around them.

As detailed in the program reviews in this Annual Report, we are a flexible, innovative and committed team supporting young people to be healthy and empowered. We pride ourselves on building partnerships with other organisations, to not only provide a unique and quality experience for young people, but to stretch the funding dollar further.

Our new Eat Well Today, Be Well Tomorrow program funded through MyState enables The Link to provide an innovative and responsive nutrition program for young people to learn about healthy eating as well as food preparation and budget friendly meals.

The Dungeons, Dragons and Diversity (D&D&D), fund buy Australia Post, series of events have been mind blowing in terms of its quirkiness and real connections to young people from our LGBTQ+ community!

Our Alcohol and Other Drug Program's Outreach opportunities were developed this year for young people living in crisis accommodation, at other community centres such as Karadi Aboriginal

Corporation, Migrant Resource Centre, and prior to release from Risdon Prison. Involvement in Health Promotion activities including World No Tobacco Day has helped to reach the broader community, and aids collaboration with other service providers.

We have continued to partner with Colony 47 in the development and implementation of the Horizons 47 program, providing mental health support to young people accessing Colony 47 programs, including Colville Place and Mara House.

As part of providing the statewide Youth Health Fund we work with a Statewide Advisory Group to assist with complex funding applications and policy development.

Our amazing headspace Youth Reference Group (YRG) continues to provide valuable advice and insights on headspace and other program matters; to support our clients and their family and friends during Mental Health Week the YRG provided a range of “goody bags”. They also supported our Link Open Hour for Family and Friends, enabling a behind the scenes look at all The Link programs across the buildings including headspace Hobart.

Our headspace Consortium led by Miriam Moreton (Independent Consortium Chair) implemented a new leadership model with a Youth Reference member, Lottie Giudici joining as Youth Co-Chair to improve the support and guidance to headspace Hobart. The headspace Consortium has had several new members join including representatives from the Child and Adolescent Mental Health Reform Team, Sexual Assault Support Service and Mental Health Family and Friends Tasmania.

In May 2022, in partnership with the City Of Hobart and Democracy Matters, The Link provided young people in southern Tasmania the opportunity to meet their federal politicians in the local Clark electorate and find out about their commitments on youth health-related issues. The idea for a ‘Meet the federal candidates’ event came from The Link’s consultation and engagement with young people and service providers within the youth health sector.

In 2022 we welcomed two new Early Career Program clinicians – Jason and Diego, into our headspace Hobart program as part of a National headspace pilot on career workforce development and pathways.

In December 2021 Beth Mulligan, one of our long-serving GPs at headspace Hobart and headspace Launceston retired. I can’t thank Beth enough for her time, professionalism and fantastic work with young people, and we wish her all the very best

And I can’t finish off without saying a huge thank you to Julie Downie (Practice Manager), Lesley Jandric (Project Officer), Yan Rayner (Finance Officer) and Maggi Boughton (Quality Improvement Manager) for their continued service and support of The Link. The high calibre of work they do behind the scenes, for and alongside our Program Managers, the Board and me, is second to none.



EARLY INTERVENTION MENTAL HEALTH SERVICES

TO 12-25 YEAR OLDS



headspace Hobart

- **Angela Waite, Deputy CEO**

During the last 12 months the headspace Hobart program has experienced challenges largely around demand management. With the support of the Clinical Lead Team, The Link CEO, headspace National, and Primary Health Tasmania (PHT) at the end of 2021 a demand management response strategy was utilised to assist with the increase of young people seeking support from the program and being able to respond to this in a timely and clinically safe approach. The Demand Management response strategy, which involved upskilling the Access Team in delivery of Single Session Therapy model provided young people with a targeted and timely response to their initial help-seeking needs with options for further or additional support in the event this was required after Single Session engagement.

The Model proved to be successful and will inform future responses to demand increases. It also demonstrated the working relationship that the headspace Hobart, The Lead Agency, headspace National and PHT have when working together to ensure appropriate, timely and clinically safe engagement and service provision for young people.

The Model, implemented for a set period, proved to be successful and will inform future responses to demand increases. It also demonstrated the working relationship that the headspace Hobart, The Lead Agency, headspace National and PHT have when working together to ensure appropriate, timely and clinically safe engagement and service provision for young people.

During the period of demand, monitoring of new referrals, wait list numbers and engaged young people were used to check for impact. As a result of the demand management response strategy numbers were efficiently managed and reduced 'wait times' for initial and ongoing early intervention and engagement were apparent.

The model demonstrated that the organisation has the quick and considered capacity to evolve and respond to changing climates and respond to increases in demand during a time of greater help seeking for young people.

The innovative pivot provided a response that also reduced the potential for the program to 'close' referrals at this time.



'The model demonstrated that the organisation has the quick and considered capacity to evolve and respond to changing climates and respond to increases in demand during a time of greater help seeking for young people.'

headspace Hobart

- Shelagh Curtain, Community Health Educator

It was super exciting to launch our new reception space and clinic rooms, after a lot of hard work and consultation from many- including the Youth Reference Group- with Group member Eliza on hand to speak to the audience and cut the cake.

Along with the usual school presentations and events, it was a lovely sunny day when we attended the Tas Pride Parade handing out- or squirting out- sunscreen to participants- but not the Star Wars peeps because, due to the technological advancements of their outfits they didn't require it. Later that day we also attended the first Judy's All Ages Drag and Dance Party under 25 event with our Chill Out Space which was well utilised throughout the evening.

The first two school terms of 2022 were a bit quiet on the presentation front, as the Education Department schools were not bringing in external parties due to the pressures of balancing CoVID. However, we did manage to attend events around the community promoting healthy strategies which included succulent planting, the smoothie bike, the wheel of knowledge (which at times becomes the wheel of consent). And for IDAHOBIT the Youth Reference Group produced a batch of polymer clay earrings in the colours of the various pride flags to give away at the UTas event we attended.

The Meet The Candidates event, a collaboration between The Link and Democracy Matters, was an opportunity for young voters of Clark to meet their candidates, and find out their preprepared responses to youth relevant questions. Youth Reference Group members participated in a range of ways, by cohosting, and answering questions on behalf of candidates unable to attend.

Youth Reference Group members continued to find their feet, with Grace M stepping up to sit on The Link Board and Lottie taking on the very first headspace Hobart Consortium Co Chair position. Frankie has taken on the role of Outspace Peer Worker/Co-Facilitator, and Susannah helped out the Youth Health Workers at Open Access by leading a cooking group.

The Group provided invaluable feedback throughout the year, not only internally to headspace Hobart and other Link programs, but also to external organisations when requested. External organisations utilised the group for feedback on and input into a range of projects including Youth Network of Tasmania, Drug Education Network ,and Sexual Assault Support Service.

The big news of course is that headspace Hobart turned 10 in February, and in an attempt to thwart COVID somewhat- the decision was made to hold celebrations off until headspace Day in October. Preparations have begun, and ideas are being discussed, for our upcoming events, that will hopefully have something for everyone on the day. We are looking forward to what will unfold on the day!

headStart (work & study support)

- Lorelle Taylor, Program Manager

On 1 July 2021, the IPS 'trial' officially graduated to a 'program', having commenced back in 2016. In August, The Link celebrated the 'graduation' with a party at YouthARC, attended by staff and representatives from Youth ARC, the Department of Social Services, Centrelink, TasTAFE, and MEGT. The celebration saw the Hobart IPS program re-named the headStart Program. headspace Hobart was one of the original 14 IPS trial sites - there are now 50 headspace IPS sites Australia-wide.

The IPS hAPI platform was launched nationally on July 1. The platform was designed specifically to collect data relating to the IPS program and was a collaborative effort between headspace National and several of the headspace centres, including headspace Hobart.

Sadly, Heidi (Vocational Specialist) decided to leave the program for a change of career direction in January. Her bubbly personality was a loss to the team. We were also sad to say goodbye to Kate (Vocational Specialist) a couple of months later, when she moved to Melbourne. Losing two staff members in quick succession is always likely to cause challenges, particularly when they are experienced and knowledgeable in their field. However, we were lucky to have Molly P make a smooth transition to the program at the beginning of April - she hit the ground running.

As always, our team worked with various NGOs, Government departments, employers and training organisations, including; Dress for Success, the University of Tasmania, TasTAFE, Work & Training, Centrelink and various Employers and Job Providers.

We supported young people, from all walks of life, with all sorts of vocational goals this year. As well as Employers, Job Providers, RTOs - by ensuring that our participants had the "wrap-around" support of our IPS program as they commenced work and/or study.

'We love working with you, to style your clients ready for interview'

- CEO, Dress for Success

'Since 2017, we have supported our participants to achieve their vocational goals and take control of their futures. I am so proud to have played my part in this fantastic program!'

- Lorelle Taylor.

Early Graduate Program

- Bec Pettit, Clinical Educator

In March 2022 we welcomed the Early Career Program to headspace Hobart, an innovative program operating in Queensland, Victoria, Tasmania and Western Australia Centres aiming to work towards building capacity in the youth mental health work force through providing comprehensive youth mental health training, practice experience and clinical supervision to Allied Health Graduates from Occupational Therapy, Psychology and Social Work disciplines, while also supporting student placements.

Graduates are involved in the Early Career Program for 2 years which involves placement at 2 headspace Centres. We welcomed Diego Esquivel-Alvarez and Jason Shen to our Centre as our first Allied Health Graduates, and Bec Pettit to the role of Clinical Educator, who has been involved in supporting students to complete their placements with more opportunities coming up for placement students in the future.

Diego and Jason have immersed themselves in their roles alongside the Access Team and describe their journeys so far....

"Having a supervisor is so important for my learning because I can learn more skills and knowledge, I can know what to improve, and most importantly I

can ask any questions. I remember on the first day I was told that we will learn from each other throughout the program rather than just me being taught what to do and how to do things".

"It has been a few months since I started the program, and the experience has been as intense as it has been highly rewarding. From learning new therapeutic approaches, laws within Mental Health and assessment; to establishing working relationships with a range of care givers and organisations, the growth this program has provided has been remarkable. I have been fortunate to be working amongst highly experienced clinicians. By working with a multidisciplinary team, my understanding of the care needs for a young person has certainly expanded. I have participated in care meetings and advocated for young people when necessary".

As the program progresses, we look forward to many learnings and opportunities that come with implementing a new program and sharing with you the impact it has had on young people accessing the headspace program as we continue to support young people of nipaluna and surrounds to access responsive care.

'I feel like there isn't really a way to describe a day in the life of an Allied Health Graduate because each day is different. Each young person's presentation is different meaning that it takes different approaches to interact with them when facilitating sessions. I work with people aged 12-25 and this provides a lot of diversity as I work with people with different developmental stages. The way how I communicate and how I facilitate sessions varies based on young people's age, needs, developmental stages, personality, and so many other things. Therefore, all sessions are never the same.'

FOR ALL YOUNG PEOPLE 12-25

OPEN ACCESS

12:30PM - 5PM

57 LIVERPOOL ST, HOBART | MONDAY-FRIDAY

wifi

meals

laundry

respite

phone

shower

charge bar

lockers

groceries

advocacy

referral

computer

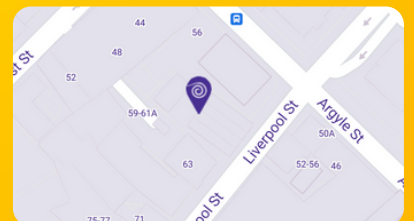
general support

alcohol & other drugs support

needle syringe program

youth health fund (12-24)

the link 
youth health service



Community Youth Health Program

- Andrew Badcock, Youth Health Service Manager

The Link continues to run Hobart's only CBD Open Access health-help space for young people 12-25 which offers immediate access upon arrival to services ranging from practical facilities to counselling, referral, advocacy and support. Open Access is vital for young people who fall through service gaps, do not fit neatly within strict program models, or struggle to get above the poverty line. In between monitoring this space, Youth Health Workers also deliver health promotion activities to work with young people seeking to improve their knowledge, skills and behaviours when it comes to making decisions and managing their own health and wellbeing. With COVID active in the Tasmanian community, we saw a rise in conversations with young people seeking community connection, service pathway support, or wanting to develop new skills, while also decreasing Occasions of Service from young people isolating and trying to stay safe.

This provided CYHP a unique opportunity to try and approach health promotions differently with the design and delivery of ongoing workshops. To do so we needed to trial a change of operational hours for our Open Access space (opening 12:30pm-5pm) to ensure adequate and safe service provision. This approach allowed staff to plan, collaborate, and deliver health promotions with young people, communities, and the sector on an ongoing basis with the needed resourcing and time allocated to do it properly (such as co-design). This led to more activities such as:

- Job Seeking Support Workshops
- Outreach CALD Youth Support with TasTAFE
- Nutrition Cooking Classes
- LGBTQIA+ social connection groups
- Outreach to Stronger Families Safe Kids Advice Referral Line

The workshops have had a variety of success, with some well attended, and others not well attended. These activities are continuously improving or changing the approach based on surveying or low-attendance of young people. In one example, the Nutrition Cooking Class altered its approach to more youth-led sessions and casual joining based on feedback on how better to address its primary funded objectives of providing healthy food messages and building social connections during COVID. For 2022-2023, we will continue to monitor service demands for Open Access and workshops while we try to strike the right balance within our current capacities and resourcing, and ensuring young people can drop-in and get health-help when they need it.

We received an average 9.4/10 rating from young people & community members who used Open Access.

86.7% of sector stakeholders reported positive health outcomes working in collaboration with us.

Youth Health Fund

- Andrew Badcock, Youth Health Fund Manager

The Youth Health Fund (YHF) program financially supports young people aged 12-24 experiencing disadvantage to receive immediate support and access to health services and/or health items to address health concerns via a network of trained access workers across the State.

This year, we successfully helped 922 young people access needed health support, and trained an additional 53 YHF access workers. The three main health areas the fund supported were sexual & reproductive health, mental & emotional health, and general health.

As the COVID19 pandemic became active in Tasmanian communities, the YHF continued to offer flexibility with phone requests in consideration of physical distancing requirements and minimising the spread of the virus (a barrier delaying health access for young people). In response to this health and safety need in the community, the fund proactively began distributing COVID SAFE KITS for at-risk youth. These kits provided personal protective equipment, information, and wellbeing items to help young Tasmanians keep themselves and others safe when COVID transmitted in their community spaces. Services may order packs in advance, and young people call requesting a pack sent to them after testing positive.

While young people report challenges to health access, the fund continues to be an important program that ensures health need gaps and timeline between issue and resolution are reduced until the system evolves and improves. This year we reached 300+ active YHF access workers around the island, ready to help young people use vital health services when no public options are available, and shall continue to advocate and support these young people in need.

Barriers young people and the sector report:

- Being unable to afford GP appointments, and unable to access bulk-billed services which delays early intervention treatment.
- High out of pocket expenses for specialists.
- No public pathways for trans & gender diverse people for some medically-necessary affirmation treatments. A population group experiencing high rates of societal exclusion, homelessness, and discrimination.
- Limits to public medical termination of pregnancies (M-ToPs) and contraception options for women and other gendered people experiencing financial or access disadvantage.
- Limits to mental & emotional health support, such as psychiatry appointments, long consultations with a GP, counselling, some mental health prescriptions, and again a lack of bulk-billed services in Tasmania.
- Ongoing need for cognitive assessment support because of limited public service pathways, which currently are generally not covered by the fund because of prohibitive costs. Young people report this lack of assessment impacts on them trying to access required services they are eligible for (and need) until this diagnosis occurs.

'Being a full time student, living away from home, renting, paying for food... all these issues made looking after my physical health more difficult and the YHF paying for this is making things easier.'

- 22 year old, physiotherapy support

free and confidential alcohol and drug support

12-25 yrs | referral | counselling | brief intervention

6231 2927

hello@thelink.org.au

57 Liverpool Street, Hobart

Alcohol & Other Drugs Services

-Kaz Knights, Senior AOD Case Manager

A major focus over the past year has been to return to pre-COVID-19 service delivery. Isolation, significant changes to service delivery, and reported increases in substance use and mental health problems for young people has required a review of The Link Youth Health Service (The Link) Alcohol and Other Drugs Program (AOD). Collaboration with Government and non-Government services is a key component of the service. Identified priorities include the need to reengage with other service providers, increase outreach opportunities, and create greater access to young people and their families. In February 2022, the AOD Program received accreditation from Quality Innovation Performance (QIP), an independent community organisation accreditor, validating the AOD Program's commitment to best practice, safety and quality, and continuous improvement.

The AOD Program provides assessment, brief intervention, counselling, facilitated referral, information and education, and harm minimisation around alcohol and other drugs affecting young people, their family and friends, and the broader community in Southern Tasmania. Young people and their family members are welcome to drop into The Link for brief intervention, information, and education, and face to face, phone or video appointments are available. The Link supports headspace Hobart by providing a weekly dedicated AOD service.

Outreach opportunities were established for young people living in crisis accommodation, at other community centres such as Karadi Aboriginal Corporation, Migrant Resource Centre, and prior to release from Risdon Prison. Involvement in Health Promotion activities including World No Tobacco Day has helped to reach the broader community, and aids collaboration with other service providers. The AOD Program receives referrals from Police Diversion programs, that assist in recognising substance use as a health problem rather than a

criminal problem. This creates an opportunity to intervene and assist young people to make healthier choices. The AOD Program provides support to school nurses, social workers, and psychologists and delivered a range of educational sessions for Tas TAFE.

Many young people who have accessed the AOD Program over the past year have expressed their satisfaction with the service provided. Substance use and addiction is challenging and widespread in the community. For many young people disclosing this with health services requires a great deal of courage, and to change their substance use often means disengaging from friendships and sometimes family members. It is encouraging to witness the honesty and conviction of young people reducing and, in many cases, stopping substance use. Whether accessing the AOD Program results in current changes, young people are listened to, supported, and given information and encouragement. The seed is planted that it is possible to live without depending on substances and assistance is available.

Offering a range of options for appointments including face to face, phone, and video has been an outcome of COVID-19. Most young people enjoy attending in person; however, a considerable number prefer phone appointments. Video appointments have not been taken up by young people accessing the AOD Program. Development of dedicated AOD group programs has not been successful to date, however, the weekly AOD Q&A drop-in group will continue to be monitored and future group programs remain an option. Maintaining a sustainable AOD specialty workforce is paramount. Regular contact with Tasmania Alcohol and Drug Services (ADS) in relation to clinical support and supervision is essential. Adopting the ADS Alcohol and Other Drugs Competencies will encourage a base-line level of staff knowledge and skills.

想要寻找最适合你的心理或性健康咨询服务？
我们可以提供帮助！

THE LINK YOUTH HEALTH SERVICE
为**12到25岁**的年轻人提供免费并且保密的健康咨询服务



If you are 12 - 25 years old and trying to find the most appropriate mental health and sexual health services for yourself? We can help!

The Link Youth Health Services provides free and confidential health and wellbeing services for young people 12-25

Short-Term Psychological Intervention

- **Julie Downie, Practice Manager**

The STPI Program is funded by Primary Health Tasmania (PHT) and supports young people aged 12 – 25 in outreach areas at Bridgewater, Sorell and surrounding areas.

A referral and Mental Health Care Plan is required for young people to engage with this program, and we have received a steady flow of referrals from General Practitioners from within these areas.

We have had the following amazing clinicians supporting this program: Andrew Jones, Aavi Bhargavi Desai, Abbey Lack, Eleanor Holloway, and Rhylee Hardiman. Providing a service away from the organisational base can sometimes be challenging for staff, especially new staff members and early career clinicians. All of the Allied Health Clinicians rose to this challenge and worked as a team to provide this very important service in Brighton and Sorell Local Government Areas, primarily face to face, with some phone and telehealth services.

Client feedback received:

- We offer a safe and judgment free environment where young people feel comfortable sharing.
- Sleep has dramatically improved.
- Nothing about the service needs improving.
- The Link has helped me improve my sleep and most of the problems are now like a piece of the past that I can simply forget.
- I feel like I am being listened to and not judged for how I feel.
- There is nothing we don't we well.
- I always feel very welcomed and comfortable, everyone is so lovely.

'Good, comfortable and relatable and great to have someone with values similar. Very encouraging being reminded of how far I have come. Very grateful for the free service has improved my life phenomenally.'

Horizon 47

- Berny Carroll, Clinical Lead

The Horizon 47 program is a place based mental health support for young people accessing Transition to Work services from Colony 47 and residents of youth shelters Colville Place and Mara House. The Horizon 47 program aims to reduce barriers associated with accessing mental health services via offering onsite and place-based supports for the above programs. Horizon 47 staff provide support to young people at the main location they are based at to reduce physical barriers to accessing mental health services. The Horizon 47 program is also designed to support and upskill non-clinical Colony 47 staff who engage with young people.

The Horizon 47 program met young people at any of the Transition to Work sites, including Sorell, Glenorchy and Hobart to provide mental health supports. Horizon 47 staff also met young people onsite at Mara House and Colville Place to support their mental health. Horizon 47 staff provided education sessions to Colony 47 staff members to assist them with providing brief intervention services to young people accessing their programs. Group therapy programs were also introduced for both young people and staff members.

The Horizon 47 program started just over 12 months ago and being a brand-new program, we went through a process of great learning and achievements. We heard from staff and young people at Colony 47 that place-based mental health supports were greatly appreciated and very much needed. Over 60 young people have been referred to the Horizon 47 program since it began with staff providing informal supports to many more young people and staff members. We were provided feedback from shelter staff indicating the informal therapy and upskilling of staff has been very helpful in supporting young people with their mental health as well as behaviour management

skills. There appears to be a decrease in young people requiring emergency medical attention for their mental health (less Department of Emergency Medicine presentations).

The Horizon 47 program has made a difference, especially to shelter residents in reducing the need for medical attention when a young person presents with mental health concerns. Shelter staff have been upskilled on not only how to effectively manage a risky situation but also on how to manage certain behaviours which may be directly related to a young person's mental health. This has led to a reduction in young people presenting to

Department of Emergency Medicine for emergency mental health support and has improved relationships with other service providers. Shelter staff report feeling more confident in identifying and managing risks due to support from the Horizon 47 program.

The Link has learnt a lot from partnering with Colony 47 to create the Horizon 47 program. The Link looks forward to the ongoing partnership with Colony 47 and further exploring how the two organisations work together in supporting young people. One change made during the first 12 months of the program is The Link allocating a dedicated Clinical Lead to the program, to ensure sound supervision, general clinical escalation and referral supports which in turn further supports the future successes of the program.





**headspace Hobart
offers health
advice, support and
information for young
people
aged 12 to 25**

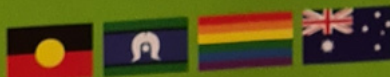
visit headspace.org.au/hobart



headspace centres
located in metropolitan, regional
and rural areas across Australia



eheadspace
telephone and online support for
young people and their families



headspace National Youth Mental Health Foundation is funded
by the Australian Government Department of Health

Quality & Improvement

- Maggi Boughton & Andrew Badcock

2021-2022 was a special year for improvement as we sought (and achieved!) accreditation against the National QIC Health and Community Service Standards for our Community Youth Health (CYHP) and Alcohol and Other Drugs (AOD) programs.

After many months of preparation, and over two full days of external interviews and reviews with stakeholders, board members, staff, and service users we were officially congratulated "on undertaking QIC accreditation for the first time without any gaps or corrective actions...". There is a particularly uplifting sense of achievement for our programs and staff who have been busy for many years doing the work, and also embedding continuous improvement processes and evidences into their programs.

Most importantly it means we are delivering the highest quality services for every young person, family member, and carer who comes through our doors.

A special thanks to Maggi and all the staff who were involved, for doing such a sterling job right from the start of the process.

Though we know first-hand that this work is never done, we are committed to this ongoing cycle of improvement and aim for The Link to be recognised in the sector for our "culture of quality". Going forward, we have the headspace Model Integrity Framework to complete, and prepare for our mid-year QIC review in 2023.

"Clients feel very safe and supported in a non-judgemental space, with AOD clients commenting that they would feel comfortable re-engaging if they had an absence or relapse. Diversity and inclusion are another outstanding strength of The Link [...] for example LGBTIQ+, CALD and Aboriginal clients encounter a visually welcoming organisation with reception and front-line staff who are very well prepared to provide support."

- Quality Innovation Performance Accreditation Report

QIC Health and Community Services Standards accredited:

Community Youth Health Program, Youth Health Fund, Alcohol & Other Drugs Program

IPS Fidelity achieved:

headStart program

Spotlight of the Year



Gosh, we did it again! In the final week of June 2022, we wrapped up our final session of Dungeons & Dragons & Diversity (2nd generation) at the Hobart Town Hall underground. After spending five months within their own group, we had two teams of young people sitting and fighting together in the same campaign and... they freed the dragon!

If this is something new to you, here is the background: The Link's Dungeons and Dragons and Diversity (D&D&D) role-playing game sessions created a recurring community activity for young LGBTIQ+ Tasmanians to improve their mental health and personal wellbeing via participating in a safe and validating environment to connect with other LGBTIQ+ peers, develop a hobby/activity as a wellbeing strategy, and reduce community isolation. The program also offered an opportunity for x2 young LGBTIQ+ people to develop emerging leadership skills through the design, planning, and delivery of the program as facilitators of the Dungeons and Dragons sessions.

With a very special thanks to Australia Post's community grants for 2021, we were able to deliver this important program that gives queer young people a social storytelling and validating format, that let's those often made invisible to be seen, heard, and celebrated.

We'd like to thank everyone for referring young people to our group and your support! If you have any young people that might be interested and benefit from this event let us know and we can add them to our EOI list for next year.

- Max Zheng, Youth Health Worker

'The conversation we had at dinner about our experiences of transitioning and looking at the generational differences was a beautiful moment.'



OUTspace

PEER LGBTIQA+ SPACE FOR YOUNG PEOPLE 14-25

thelink.org.au/outspace



Financial Statement

The Link Youth Health Service Inc

A.B.N. 11 770 186 878

Financial Report

For the Year Ended 30 June 2022

Table of Contents

For the Year Ended 30 June 2022

Board Report

Profit & Loss

Balance Sheet

Statement of Changes in Equity

Statement of Cash Flows

Notes to the Financial Statements

Statement by Members of the Board

Auditor's Independence Declaration

Independent Auditor's Report



FINANCIAL REPORTS

Board members at the date of this report are:

Robert Meredith - President

Helen Barrett - Secretary

Patsy Corrick

Grace Mitchell

Anna Cretan - Treasurer

Suellen Taylor

Lois Jenkins

Principal Activities

The principal activities of the Association during the financial year were:

- The provision of health information to young people;
- Running a walk-in holistic health service for young people 12-24 years;
- The promotion of harm reduction strategies for young illicit drug users;
- The diversion of young people with alcohol and other drug issues from the court system; and
- The provision of funds for young people to access health services statewide through a network of trained access workers
- headspace Hobart (The Link Youth Health Service Inc as the lead agency)
- Deliver flexible, friendly, relevant and practical service options at a centralised site
- Provide timely, relevant interventions to improve the overall wellbeing of young people in primary health, mental health, alcohol and drug, and vocational assistance including with partner organisations.
- Use a cost effective collaborative approach that draws on sharing resources and expertise within the health and community sector •
- Establish new service opportunities that can assist young people earlier in the onset of mental health and associative substance use problems
- Ensure all work practices have a current evidence base
- Utilise pre and post qualitative measures to assess client outcomes
- Reform local service systems; implementing community awareness campaigns and community education to assist young people experiencing mental health problems and influence both policy direction and community attitude
- Individual Placement and Support Program for assisting headspace clients in employment and training opportunities



Significant Changes

The Link Youth Health Service has begun revising and reshaping its operational foundations this financial year including financial, human resource and organisational structures.

We have partnered with Colony 47 Inc to provide early intervention and prevention mental health supports and training to young people and staff at Colony's shelter programs and Transition to Work program through Tasmanian Community Funding.

Funding through the Australian Government for a headspace Early Careers Program is a welcomed new initiative in partnership with National headspace. This program has provided two new full time early career's positions and a part time Early Careers Educator position for the Centre.

Our new Eat Well Program is a unique addition to our Open Access and Community Youth Health Program, funded by My State. This program provides nutrition education, information, and food relief to disadvantaged young people.

Operating Result

The Deficit for 2021/2022 amounted to \$43,015

Signed in accordance with a resolution of the Members of the Board.

Robert Meredith

Dated on the 24th day of October 2022.

President

On behalf of the Board of Management

Profit and Loss for Period Ended 30 June 2022			
2021		Note	2022
\$			\$
	Income		
	State Government		
	State Government Grants		
875,105	Core Funding	4	825,861
	State/Commonwealth		
250,174	Youth Health Fund	4	309,033
119,908	Illicit Drug Diversion Initiative	4	134,853
989,563	Headspace	4	999,820
160,987	Medicare Payments Headspace		108,344
34,710	T.O.P Grant state	4	
278,033	IPS - DSS Grant	4	288,632
192,390	Short Term Psychological Interventions Program	4	191,708
432,433	PHT	4	-
-	Colony 47 JV – Revenue	4	106,925
	Self-Generated Income		
3,033	Bank interest		1,270
60,698	Other		110,231
3,397,034	INCOME		3,076,677
	Other Extraordinary Income		
50,000	Cash Flow Boost		-
3,447,034	TOTAL INCOME		3,076,677
	Expenditure		
56,425	Audit and accountancy		70,556
68,565	Depreciation and Equipment		57,128
294,319	Property, Insurance and Office Expense		233,643
28,475	Information Technology		48,213
2,233,295	Salaries, Superannuation and Staff Provisions		2,420,802
10,864	Professional Development		17,267
33,518	Vehicles and Travel Expenses		41,342
314,794	Other Operating Expenses		69,223
11,098	Headspace Other Expenses		-
98,017	Youth Health Fund Services		161,564
3,149,370	TOTAL EXPENDITURE		3,119,691
297,664	Operating surplus/ (deficit)		(43,015)
297,664	Net operating surplus/ (deficit)		(43,015)

Balance Sheet as at 30 June 2022			
2021		Note	2022
\$			\$
	CURRENT ASSETS		
534,924	Bank		716,994
52,549	Payments in Advance		-
67,362	Receivables		68,833
654,835	TOTAL CURRENT ASSETS		785,827
	NON CURRENT ASSETS		
190,347	Property plant and equipment		190,347
176,524	Motor vehicle		176,524
169,075	Leasehold improvements		169,075
375,785	Capital Improvements		375,785
-391,537	Less provision for depreciation		(432,183)
520,194	TOTAL NON CURRENT ASSETS		479,548
1,175,030	TOTAL ASSETS		1,265,375
	CURRENT LIABILITIES		
153,983	Payables and Accruals		79,100
22,044	Staff Liabilities		24,414
31,063	GST net		66,482
27,534	PAYG		30,407
232,785	Provision for staff leave		255,897
-	Subsidies in advance & other liabilities		194,914
467,409	TOTAL CURRENT LIABILITIES		651,218
707,621	NET ASSETS (LIABILITIES)		614,156
	ACCUMULATED FUNDS		
409,957	Balance at 1 July		657,171
297,664	Deficit of income over expenditure		(43,015)
707,621	BALANCE AS AT 30 JUNE		614,156

Statement of Changes in Equity for the Year Ended 30 June 2022	
	Retained Earnings
	\$
Balance 1 July 2020	417,859
Comprehensive Income	
Surplus for the year attributable to members of the entity	297,664
Prior period adjustment	-7,902
Other comprehensive income for the year	
Total comprehensive income attributable to members of the entity	289,762
Balance at 30 June 2021	707,621
Comprehensive Income	
Surplus/(Deficit) for the year attributable to members of the entity	(43,015)
Prior period adjustment – PHT Recovery of unspent funds	(50,450)
Other comprehensive income for the year	
Total comprehensive income attributable to members of the entity	614,156
Balance at 30 June 2022	614,156

Statement of Cash Flows for the Year Ended 30 June 2022		
	2022	2021
	\$	\$
Operating Activities		
Government grants, fees and other income	3,336,919	3,444,001
Interest received	1,270	3,033
Payments to suppliers and employees	-3,300,396	- 3,181,882
Net Cash Flows from Operating Activities	37,793	265,152
Investing Activities		
Proceeds from sale of motor vehicles, property, plant and equipment	30,892	-
Purchase of motor vehicles, property, plant and equipment	-	-386,807
Net Cash Flows from Investing Activities	30,892	-386,807
Financing Activities		
Other cash items from financing activities	113,386	-
Net Cash Flows from Financing Activities	113,386	-
Net Cash Flows	113,386	-121,655
Cash and Cash Equivalents		
Net change in cash for period	182,071	-121,655
Cash and cash equivalents at beginning of period	534,923	656,498
Cash and cash equivalents at end of period	716,994	534,923

Note 1: Statement of Accounting Policies

The financial reports are a special-purpose financial report, prepared in order to satisfy the reporting requirements of the Associations Incorporation Act Tasmania. The Association has determined that The Link is not a reporting entity.

The financial reports have been prepared in accordance with the requirements of the Associations

Incorporation

Act Tasmania and the following Australian Accounting Standards:

AASB 1031 Materiality

AASB 110 Events after the Reporting Period

No other applicable Accounting Standards, Urgent Issues Group Consensus Views or other authoritative pronouncements of the Australian Accounting Standards Board have been applied.

The reports have been prepared on an accrual basis, and are based on historic costs, and do not take into account changing money values, or except where specifically stated, current valuations of non-current assets. These accounts have been prepared on a going concern basis.

The following material accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this financial report.

Income Tax

The Association is exempt from income tax as a charity and is also a Deductible Gift Recipient for taxation purposes.

Fixed Assets

The depreciable amount of fixed assets is depreciated over their useful lives commencing from the time the asset is held ready for use. Leasehold improvements are amortised over the shorter of either the unexpired period of the lease or the estimated useful lives of the improvements.

The carrying amount of fixed assets is reviewed annually by the Board to ensure it is not in excess of the recoverable amount of those assets.

Leases

AASB 16 Leases came into *effect* 1 July 2019. The new standard requiring the recognition of a 'right of use' asset and financial liability for all leases would apply to the following leases, however the board has decided to only adopt it in the 2021 financial year.

Lease	Term
57 Liverpool Street, Hobart	5+5
49 Liverpool Street, Hobart	5+5
51 Liverpool Street, Hobart	5+5

Lease payments under operating leases, where substantially all the risks and benefits remain with the lessor, are charged as expenses in the period in which they are incurred.

Employee Entitlements

Provision is made for the Association's liability for employee entitlements in relation to annual leave and long service leave. Liability in relation to long service leave is calculated from the date of appointment, but is not payable in full until the completion of ten years' service, and not payable pro-rata until at least seven years' service. Our experience to date is such that we expect these commitments to be payable.

Contributions are made by the Association to employee's superannuation fund of choice and are charged as expenses when incurred.

Note 2: Operating Lease Commitments

The Association leases premises at 57 Liverpool Street, 49 Liverpool Street and 51 Liverpool Street.

Note 3: COVID-19

Within Australia and globally, unprecedented measures have been introduced to control the spread of the COVID-19 outbreak, including travel and trade restrictions, restrictions on public gatherings and temporary business closures. These significant measures have had a sudden and substantial negative impact on global economic activity, with certain industry sectors experiencing unforeseen financial difficulties. Consequently, the functioning of global capital markets has been impaired by increased volatility and negative investor sentiment.

The expected duration and magnitude of the COVID-19 global pandemic and its potential implications on the global economy and financial markets remains unclear. Should these circumstances become severe or prolonged, it is expected to have a material adverse impact on the global and Australian economies, which in turn may have a material adverse impact on the entity's financial performance and position.

Currently we are not directly impacted by the pandemic, and have managed to continue running our organisation as normal.

Note 4: Government Subsidies and other Grants Received In Advance	
Government operational subsidies and grants received in respect of expenses and programs are taken to income in accordance with the pattern of expenditure incurred, or on a time basis as best fits the terms of the subsidy or grant, to provide for the matching of revenue and expenditure during the year and future periods. Details of subsidies and Project Grants are shown below:	
<u>Headspace</u>	
Grant income received	999,820
Bank Interest, Medicare Income and Other Income	131,042
Funds Available	1,130,862
less; Grant Expenditure	1,119,803
Underspend	11,058
<u>Short Term Psychological Interventions Program</u>	
Grant income received	191,708
Bank Interest	-
Funds Available	191,708
less; Grant Expenditure	174,113
Carried forward to 2022/2023	17,595
<u>Community Youth Health - Core Funding</u>	
Grant income received	228,733
Bank Interest	-
Funds Available	228,733
less; Grant Expenditure	231,274
Overspend	(2,540)
<u>Youth Health Fund</u>	
Grant income received	309,032
Bank Interest	-
Funds Available	309,032
less; Grant Expenditure	343,367
Carried forward to 2022/2023	-34,334
<u>Illicit Drug Diversion Initiative (IDDI)</u>	
Grant income received	134,853
Funds Available	134,853
less; Grant Expenditure	136,541
Overspend	- 1,688
<u>ADS - Core funding</u>	
Grant income received	597,128
Funds Available	597,128
less; Grant Expenditure	644,453
Overspend	-47,325

<u>IPS Trial</u>	
Grant income received	288,632
Funds Available	288,632
Less: Grant Expenditure	322,499
Carried forward to 2022/2023	-33,867
<u>Colony 47 Horizon</u>	
Grant income received	107,855
Funds available	107,855
Less: Grant expenditure	94,818
Carried forward to 2022/2023	13,037
NB	
A credit note has been issued post year-end to Colony 47 for \$13,037	
	7,918
<u>Eat Well Today</u>	7,918
Grant income received	1,556
Funds available	6,361
Less: Grant expenditure	
Carried forward to 2022/2023	
	32,000
	32,000
<u>Headspace Early Years</u>	23,804
Grant income received	8,195
Funds available	
Less: Grant expenditure	
Carried forward to 2022/2023	12,600
	12,600
<u>Small Grants</u>	13,342
Grant income received	-742
Funds available	
Less: Grant expenditure	
Carried forward to 2022/2023	

STATEMENT BY MEMBERS OF THE BOARD

The Board has determined that the Association is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies stated in note 1 of the financial statements

In the opinion of the Board, these financial reports set out on pages 1 to 10:

- Present fairly the financial position of The Link Youth Health Service Inc. as at 30 June 2022 and the performance for the year ended on that date.
- At the date of this statement, there are reasonable grounds to believe The Link Youth Health Service Inc. will be able to pay its debts as and when they fall due.



President

24 October 2022



Treasurer

24 October 2022

**INDEPENDENT AUDIT REPORT TO THE MEMBERS OF
THE LINK-YOUTH HEALTH SERVICE INC
ABN: 11 770 186 878**

Opinion

We have audited the special purpose financial report of The Link-Youth Health Service Inc (the Entity), which comprises the balance sheet as at 30 June 2022, the profit & loss statement for the year then ended, statement of changes in equity, statement of cash flows and notes to the financial statements, including a summary of significant accounting policies, and the Board declaration.

In our opinion, the accompanying financial report of The Link-Youth Health Service Inc has been prepared in accordance with Division 60 of the Australian Charities and Not-for-Profits Commission Act 2012, including:

- a) giving a true and fair view of the registered entity's financial position as at 30 June 2022, and of its financial performance for the year ended on that date; and
- b) complying with Australian Accounting Standards to the extent described in Note 1, and Division 60 the Australian Charities and Not-for-profits Commission Regulation 2013.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the Entity in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 Code of Ethics for Professional Accountants (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter – Basis of Accounting

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The special purpose financial report has been prepared for the purpose of fulfilling the Board's financial reporting responsibilities under the ACNC Act. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

Responsibility of the Responsible Entities for the Financial Report

The Board of the entity is responsible for the preparation of the financial report that gives a true and fair view and have determined that the basis of preparation described in Note 1 to the financial report is appropriate to meet the requirements of the ACNC Act and the needs of the members. The Board's responsibility also includes such internal control as the Board determines is necessary to enable the preparation of a financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the Board is responsible for assessing the entity's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless the Board either intends to liquidate the registered entity or to cease operations, or have no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Entity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the Board.

- Conclude on the appropriateness of the Board's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Entity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Entity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the Board regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.



Michael Ian Derbyshire
Director

Hobart

24 October 2022



لديك أسئلة على كيفية العيش في بلد جديد؟ The Link سيستأعدك لتجواب عليهم

Do you have questions on how to live in a new country? The Link will help you answer them.

لجميع الشباب 12-25

For all young people 12-25



تتوفر لدينا خدمات
الترجمة الشفوية
الفورية الهاتفية

PHONE
TRANSLATOR
SERVICES
AVAILABLE

Who we are: 2021 - 2022

headspace team

Adela Marrone
Alessandra (Sandy) Kraft
Alison Edwards
Alison Hardinge
Angela Waite
Anthea Dallas
Bernadette Carroll
Beth Mulligan
Cindy Goh
Claire Johnston
Eleanor Holloway
Emily Goss
George Williams
Harriet Barranger
Helen Shann
Jess Kneebone
Karen Carlson
Kellie Bryan
Lillian Brinken
Molly Port
Rebecca Pettit
Rebecca Pitts
Shelagh Curtain
Stefania Franja
Vivian (Ngoc Nha Vi) Nguyen
Jasmin Brooks (student)
Jacquie Siu (student)
Lucy Tran (student)
Melissa Saragih (student)
Yalei Wilson (student)

Clinical Leads

Bernadette Carroll
Kellie Bryan
Tanya Fitzpatrick
Wayne Frost

Finance/ Administration

Yan Rayner
Lesley Jandric
Nikala Post

headStart team

Lorelle Taylor
Kate Thorpe
Heidi Gill
Molly Port

Reception team

Julie Downie
Tania Cerritelli
Daisy McMullen
Lucas Connors
Molly Devlin
Nellie Ryan

Horizon 47

Bernadette Carroll
Rebecca Pettit
Harriet Barranger

Management

Miranda Ashby
Angela Waite
Maggi Boughton

YHF team

Marianne Wyrsh
Nikala Post
Andrew Badcock

CYHP team

Andrew Badcock
Heetham Hekmat
Max Zheng
Jess Fleming
Harriet Barranger
Aaron Kwan (student)

AOD team

Kaz Knights
Hannah Poon

STPI

Abbey Lack
Andrew Jones
Bhargavi Desai
Rhylee Hardiman

headspace

Early Career

Rebecca Pettit
Jason Shen
Diego Esquivel Alvarez

Youth Reference Group

Aaron Kwan, Eliza McGovern, Grace Ho, Lottie Giudici, Brea Knott, Patrick Lee, Susannah Mannie, Grace Mitchell, Jane Montgomery, Frankie Niamh, Bri Smithers

Thank You

Board Members

Rob Meredith (President), Anna McKay (Treasurer), Helen Barrett (Secretary), Suellen Taylor, Lois Jenkins, Grace Mitchell, Patsy Corrick

Funders

Primary Health Tasmania (Tasmania PHN), Australian Government Dept of Social Services, the Tasmanian Department of Health and Human Services, headspace National Youth Mental Health Foundation, Colony 47 Inc, Department of Industry, La Trobe University, TasCoss, Australia Post (grant), MyState Bank (grant)

Volunteers

Youth Reference Group (past & present), and students on placement

Donors

We wish to thank the many individuals, families, schools and businesses who make donations to our services throughout the year.

Sponsors & Partners

Wilson Family Trust, APM, Centrelink Community Engagement Team, Consortium members, Cornerstone, D&D&D Dungeon Masters (Alex & Ash), Dressed for Success, headspace National, Hearing Australia, Hobart City Council, Hobart Community Legal Service, Karadi Aboriginal Corporation, LGBTIQ+ Health Australia, Libraries Tasmania, Mental Health Council of Tasmania, Nayri Niara, Primary Health Tasmania, Pulse Youth Health South, Reclink, Tasmanian Migrant Resource Centre, TasCAHRD, TasTAFE, University of Tasmania, Working It Out, 26TEN, Alcohol, Tobacco and Other Drugs Council (ATDC), Youth Arts and Recreation Centre (Youth ARC), Youth Network of Tasmania, Youth Health Fund State Advisory Group.

headspace Consortium - Alcohol & Other Drug Services South, Migrant Resource Centre, UTAS Counselling Service, The Salvation Army, Clarence City Council, City Of Hobart, Sexual Assault Support Service, Mental Health Family and Friends Tasmania, Pulse Youth Health Service South, Hobart & Southern Districts Adult Community Mental Health Service, Child and Adolescent Mental Health Service, Royal Hobart Hospital.

Our programs and funding

headspace Hobart

This program is supported by Primary Health Tasmania (Tasmania PHN) under the Australian Government's Primary Health Networks Program.

Individual Placement Support (headspace Hobart)

is funded by the Australian Government Dept of Social Services

Community Youth Health Program & Youth Health Fund

The Link Youth Health Service Inc. receives funding from the Crown, through the Department of Health.

Alcohol and Drug Services

The Link Youth Health Service receives funding from the Crown through the Department of Health and Human Services

Short-Term Psychological Intervention Program

This program is supported by Primary Health Tasmania (Tasmania PHN) under the Australian Government's Primary Health Networks Program.

Early Graduate Program

Funded by headspace National through the Commonwealth Department of Health.

Introducing our Corporate Partner
for Financial Year 2022 - 2023...



The Link Youth Health Service and our
headspace Hobart program are proud to have
the support of Xsquared Architects as our
Corporate Partner.

**1,349 young people supported
through headspace Hobart**

From an array of mental
health supports, referrals,
and episodes of care.

**2,050+ occasions
of nutrition support**

cooking classes, free lunches,
take-away meals, and groceries
from our Open Access space.

**922 Youth Health Fund
applications completed**

for young people experiencing
disadvantage to receive needed
health services and items.