









every week is health-help at The Link, but on these days we're offering extra





need free legal advice?

ask a lawyer from Hobart Community Legal Service. **1pm**



experienced discrimination?

, Equal Opportunity Tasmania can give you info on your rights. 2:30pm - 3:30pm



monthly workshop series for young people about dating, relationships, sex and bodies. 4pm-5:30pm



OUTSPACE! a group for LGBTI+ young people.

4pm-5:30pm, fortnightly at **278 Argyle St, North Hobart** (partnered with Working It Out)



need some food for home?

Pop-in and grab some food off our shelves any time or day we're open.



WEDNESDAYS



join us for our FREE LUNCH! Served from 1pm.



centrelink questions? ask Sue from Centrelink. **1pm**



job seeking help? advice from our Vocational Expert. 1pm

wash your clothes here!

use our washing machine and dryers any time or day we're



need some basic toiletries?

we can provide them! Pop-in and talk to us at any time or day.



THURSDAYS

FRIDAYS

remember your regular 6-monthly sexual health test!

9:30am-3:30pm (we also do other days)



questions about alcohol and other drugs?

talk to our *'ask us anything'* youth workers.





we provide free and confidential health and wellbeing services for young people aged 12-25. 57 liverpool st, hobart | 62 312 927 | thelinkorg.au

president's report

On behalf of the Board I am delighted to present The Link's Annual Report for the 2018/19 financial year. It is an opportunity to share and celebrate the achievements of The Link over the last 12 months and to recognise the important contribution made by The Link's staff and partners in working towards our vision of healthy and empowered young people.

Near the end of 2018 we held an all-of-agency development day with staff and external consultants. That workshop was a critical step in delivering our 2019-21 strategic plan. The strategic plan focuses on clearly articulating our strategic goals and identifying measures by which we can gauge our success as an organisation in meeting those strategic goals.

The endorsement by the Board of a Clinical Governance Framework in February has provided us with a structure to ensure that the clinical services we deliver across the organisation are robust, evidence based and effective. The implementation of that Framework is a key pillar of the Link's strategic goals, and I would like to specifically thank consultant Martin Baker for his extensive and detailed work in developing the Framework. I would also like to thank Maggi Boughton, Miranda Ashby and all of the other Link staff for their ongoing work in implementing the Framework in a way that ensures that our management processes, policies and structures support the achievement of our strategic goals.

I am pleased to report that the Board's Finance and Risk, Clinical Governance, and the new Strategic Growth and Development subcommittees have met regularly throughout the year. The Committees have been an effective vehicle for proactively identifying and addressing governance, risk and management issues that require a more thorough analysis than is often possible at Board meetings.

I would like to thank Miranda Ashby for her leadership and industry as acting CEO while David Perez was on long service leave.

I would also like to thank and acknowledge the work of Dr Heather Bridgman, Miranda Ashby, Celina Sargent, Dr Pauline Marsh and Dr Tony Barnett in publishing an article in the Australian Journal of Rural Health this year, addressing barriers for young people to access mental health services such as headspace in October. The ability for young people, and particularly young people from rural or socio-economically disadvantaged areas, to access mental health services is a continuing challenge.

I wish to thank all of our Board members, and in particular extend my thanks to Judy Hebblethwaite. Judy will be retiring as a Board member at this year's AGM after serving for over 20 years. Judy's contribution to The Link over that time cannot be measured. Her decision to retire is a significant loss, but her time, knowledge, and passion has improved the lives of many young people in Tasmania. I am particularly grateful to Judy for the wisdom, advice and encouragement she has provided me, David and The Link since I have taken on the President's role.

It is important that I alsoo recognise the contribution that David and our Senior Management Team (Eliza, Maggi, Miranda) have made over the course of this year. David's passion for The Link and for helping young people is obvious, and it is a credit to his leadership and vision that we have grown so much as an organisation and for the standard of services that we continue to deliver.

As we move into a new decade, the Board will continue to support The Link to achieve its vision. Through our partnerships with headspace National, State, Commonwealth, and Local governments, the University of Tasmania, and other community organisations, we are well positioned to continue delivering safe, effective and important services to young people in Southern Tasmania.



CEO's report

During the financial year of 2018/19 The Link experienced further growth with the establishment of our Sexual and Reproductive Health program "This Way That Way" and a consolidation of our current programs. Our funding agreements were extended to 2021/22 and beyond and our Individual Placement Support (IPS) program was extended from a trial to what could potentially be an on-going program. All of these things bring together more security to our staff, but most importantly continuity of service for our clients and continued certainty to all.

One of the issues that most impacted us during this period and still does now is the challenge of meeting growing demand with limited resources. We have seen an increase in the number of clients coming to us as well as the complexity of issue they present with.

A lot of work and resources were invested in developing a framework for the whole organisation to better respond to this increased demand; this included contracting Martin Baker to undertake work to help with the development of a Clinical Governance Framework across the whole of The Link. This together with other work, including the Demand Management Project conducted by Kim Woods from Brockhurst Consulting, and staff and client consultations has become the foundations that will take The Link into the next decade. The work has given us the base to better structure the organisation to deal with not just the increase in demand, but also to created better pathways for clients between the services we provide and ideally move towards a "no wrong door", where clients have better access to services. It is because of the work done during this period that we have a quality improvement direction and we are now building a stronger organisation.

On a personal level, I was fortunate enough to be able to take Long Service Leave during this period and I want to acknowledge my appreciation to Miranda for taking on the CEO responsibilities and to Maggi, Andrew and Eliza for supporting her.

I also want to acknowledge the collaborative working relationship we have with our funding partners; Population Health Services and Alcohol and Drug Service of the Tasmanian Department of Health, Primary Health Tasmania and the Australian Government Department of Social Services. It is in a real sense a relationship of cooperation with a strong focus on achieving better outcomes for our clients.

This year, to be constant, we certainly experienced our share of change and I note the enthusiasm and commitment that our staff, our team, have shown towards making The Link better, and being better at what we do. Everyone at The Link is a very important part of achieving the end result, and that is to, provide the best service we can to every young person that walks through our door, to give "Health Help".



achievements

My role as Community Health Educator continues to take me far and wide, and I get to meet the most amazing young people at events and class sessions. Undertaking the headspace Model of Integrity Framwork audit (hMIF) process has given me a lot more structure to my role through the development of processes and documentation to support my work. Events and campaigns that we've been involved in have included: Youth ARC Launch of their temporary home; Rev It Up (grade 6s in the Huon region); Light up the Lane.

Our headspace Youth Reference Group currently has nine members whose skills and knowledge cover a wide range of areas; new members are settling in well to the roles, bringing a great diversity of input and experience to the group. Partly through our group work, and training plans and partly due to hMIF requirements, the group took advantage of training opportunities offered throughout the year. These included: Youth Mental Health First Aid Training, Applied Suicide Intervention Skills Training (ASIST), and Safely Talking.

Hannah, one of our longer serving team members was selected to be part of a headspace National Office Project Committee (but the project's still a secret. Shhhhh).

- Shelagh, Community Health Educator

The Individual Placement and Support (IPS) model is the most researched strengths-based approach to supported employment in the world. Currently, headspace Hobart is one of 24 headspace Centres providing the program, which is funded by the Australian Government Department of Social Services (DSS). An independent organisation has been engaged to rate the level offidelity (adherence to the model) across 25 different items. In February 2019, headspace Hobart's IPS program again scored within the 'Good Fidelity' range. The program has now supported over 100 participants to work towards their vocational goals and has been extended a further two years by the DSS.

- Lorelle, IPS Program Manager



achievements...



The Youth Health Fund is a state-wide program that helps assist in paying for essential health services and health items for disadvantaged young people aged 12-24 who otherwise could not afford them.

It is administered by The Link Youth Health Service, through a network of trained Youth Health Fund Access Workers. This year we launched an online portal to better support Access Workers around the State.

For young people to have their health needs met without barriers is a massive impact on a young persons health and wellbeing. It is a great way to engage with a client in a confidential setting, build rapport, trust, and reassurance that health help is available.

- Nikala, YHF Manager



The Link offers a diverse range of services to improve the health and wellbeing of young people aged 12-25 years in southern Tasmania. We offer these services in our 'Open Access' area where young people can get health-help for a range of areas including fresh fruit and groceries, digital access via our WIFI, computer, or phone charge-bar to help them talk to their supports, laundry and shower facilities, and much more. All services are free and confidential.

This year, we've had a refreshing 'refresh' of the space with some new and improved chairs (and a rug), and an amazing new clothing rack area with many thanks to community donations to help create a nice space for young people.

We also continue to include young people in community health messages, which for this year included: How to Enrol, World No Tobacco Day,' How to Work in the Arts' (with 2 Dark MOFO Curators), Trans Day of Visibility, YOGA 101, International Overdose Awareness Day, various Sexual and Reproductive Health content in our monthly 'Heartbreak Club', and many more!

- Andrew, Youth Health Service Coordinator



achievements...



Our 2017-2018 achievements set the foundation, motivation and context to drive our Centre into the 2018-2019 year. As a team we have focused on areas of service provision and demand while responding to the needs and recommendations of young people, through our Youth Reference Group and client feedback.

During this time, we planned for the delivery of a Dialectical Behaviour Therapy skills group program over a 12-week period, which will start later in the year. The program will provide a group based therapy to compliment one on one service delivery for young people accessing our centre, while also providing training and professional development opportunities for staff members.

Our Worker On Duty sessions (introduced in 2017-2018) were extended and renamed ACCESS where sessions are available to young people during our open hours to ensure timely and responsive support for those accessing our service and taking help-seeking steps by walking through our front door.

Again, building on our 2017-2018 foundations, headspace Hobart has focussed on the integration, collaboration and importance of working with young people's support networks, namely parents, carers and friends, as integral relationships and supports for a young person's overall wellbeing. This has included a review and reflection to guide further training and development of our service delivery and support in working with young people, their family, carers and friends. As part of this project headspace Hobart engaged our first Social Work students on placement. Our students have provided an important external view and perspective on how we are doing and where we are going in this critical area of service delivery.

In response to requests from young people, demand, and general growth, headspace Hobart commenced providing outreach services to young people within the Kingston/Kingsborough area. For young people in this area, this aims to provide a timely, local and accessible service within their community.

headspace Hobart delivered Healthy headspace evening Workshops, facilitated jointly by staff across the organisation, on various topics related on mental health and wellbeing. Workshops were available for young people, their families and friends and were facilitated during evening/after work hours, in an attempt to provide accessibility to our service outside of traditional work hours.

- Angela, headspace Hobart Centre Manager

what we did better than last year



Refreshed the clothing area to improve appearance and access!

check it out below





Changed our daily snacks and takeaways to improve access to nutritional foods for young people.

look for pictures of yummy healthy meals



Taking 26ten as our guide, improving health literacy by better targetting our messages.

e.g. check out our health-help poster on pg 2.





see achievements



Offered weekly support from IPS vocational specialists in Open Access

help with resume writing, interview skills, and job canvassing.





including new big screen monitor messaging of healthy headspace.



More evening 'healthy headspace' workshops

for young people, family, and friends.

Maggi Boughton
Quality Improvement Manager

what people say about..



"I now feel confident with life goals, such as getting an apprentice chefjob. This service was important for me during difficult times." - female, 25.

"I was very grateful for the invitation to be involved in the event as I don't always have capacity to organise engaging stuff for OUTspace. It's really great to know that we can collaborate with other youth services on LGBTI specific events" - Working It Out Worker

"Great initiative to get people to walk in and learn about hepatitis. I think it's really cool. You always do a good job."

- female 19, World Hepatitis Day activity.

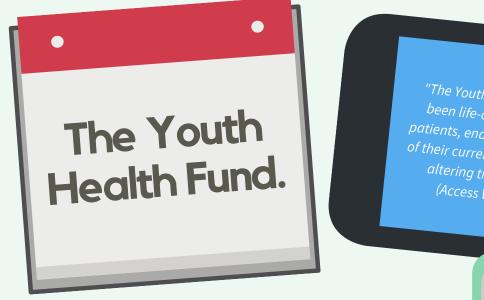
"Before participating in the IPS program I was jobless, depressed, and too anxious to leave the house, now I have completed 3 TAFE courses, I'm employed and have gained a lot of confidence. The assistance I have received has proved invaluable to me in my journey and I am deeply appreciative of the opportunity I have been given to participate in the IPS program" - IPS participant

"The use of Carbon Monoxide (CO) monitor (Smokerlyser) was a useful tool to initiate engagement with the activity and prompted discussion about individual smoking habits as it provided individual readings that relate to the number of cigarettes smoked - World No Tobacco Day

'I love how open I can be to the understanding doctors. They actually care and it's a really nice feeling' female, 20, headspace

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what people say about..



"The Youth Health Fund has literally been life-changing for some of my patients, enabling them to take control of their current situation and massively altering the course of their life."

(Access Worker in the North)

Independent student, staying at a local crisis accommodation support service, no family support, and recently re-engaged with college some time ago. Previously had orthotics as a child, and has now outgrown them.

The young person walks everywhere and no orthotics is having an impact on his walking and legs. The Youth Health Fund was able to support this young person purchase new orthotics; the young person would not have been able to afford this while on Centrelink and is very grateful for the assistance. (17 years old)





spotlight of the year

two of our programs you want to know about...



This Way, That Way.

Exploring ways to provide new and improved service that supports clients to manage sexual and reproductive health and pregnancy. With content like the monthly learning group 'heartbreak club' and providing new resources and content to the community, we provide support to young people by providing evidence-based educative interventions in resources, focus groups and other therapeutic sessions.

This program is funded by the Crown through the Department of Health.

Short-term Psychological Intervention Program.

The Link now provides an outreach service for free and confidential mental health services to young people in Sorell and Bridgewater. This program has already had a great impact in communities and we hope to be able to expand it in the new year.



This program is supported by Primary Health Tasmania (Tasmania PHN) under the Australian Government's Primary Health Networks Program.

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challenges





Additional counseling sessions are a huge trend through the YHF due to limited Mental Health Care Plan sessions and young people needing more sessions.

An increasing expense and emerging health trend issue across the state is access to Dental Services. Often this is major dental work costing thousands of dollars and significant treatment, primarily due to genetic defects, not always poor oral hygiene.

Not all dental cases are major treatment concerns. It is also increasing in the minor dental work that is not yet considered urgent, and early intervention/treatment reduces the poor oral health and prevents long term access to dental services. - Nikala, Youth Health Fund Manager

Ensuring our service messages are clear and transparent: there is "no wrong door" for young people looking to receive tailored and coordinated information and support relevant to their needs and circumstances. This has meant consolidating our reputation as a focused health-help service.

There has been a continued increase in referrals to external services over the last 12-months. This is particularly noticeable with an increase in clients who need our lockers, and being referred for support to housing providers. This reflects the growing trend in housing challenges in southern Tasmania. - Andrew, Youth Health Services Coordinator



challenges...



Wait times and demand management have continued to have an impact on service delivery for headspace Hobart, as reported during the previous reporting period. Demand has continued to increase during this period and we have continued to work with and liaise with our consortium partners and other stakeholders in an attempt to ensure timely, suitable and effective service delivery. To assist in demand management and response to this, headspace Hobart in collaboration with headspace Launceston and our Lead Agencies commissioned an external assessor, Brockhurst Consulting, to complete an independent evaluation and provide recommendations to implement at our service in aim of providing a responsive, appropriate and timely services to young people. The implementation of these recommendations has commenced and is a crucial and central focus for our centre moving forward.

To date, headspace Hobart have attempted to ensure as a centre we can offer young people a suite of services in response to a range of help seeking and needs, this includes support provided from various locations (outreach sites in Glenorchy, Rosny, Kingston and Huonville), frequency and delivery models (including group and one on one options). Additionally, we have also extended Worker on Duty (WOD)/ACCESS hours, extended our presence at the Clarence Integrated Care Clinic (providing a regular suite of headspace services), and increased Healthy headspace group based workshops to include evening and day time offering during times of increased need. - Angela, headspace Hobart Centre Manager



The demand for our IPS program has remained strong this year. The program, funded by the Australian Government Dept. of Social Services, supports young people to reach their study and employment goals. In March, we were excited to learn that not only have the 14 original IPS sites been refunded for a further two years, but 10 new IPS sites would be rolled out in headspace centres across Australia. There has been talk of the need to increase resources to in relation to demand. - Lorelle, IPS Program Manager





who we worked with...

One of the highlights of the year came in October, when we hosted a visit from the Hon Paul Fletcher, the Minister for Families and Social Services. He met with several young people and staff from The Link, and asked lots of questions about the IPS program. The November issue of Tasmania's Primary Health Magazine, Primary Health Matters, featured an article about headspace Hobart and the IPS trial. It told the story of Hannah's journey through headspace and the IPS. The article had over 1000 views on Linkedin. - Lorelle, IPS Program Manager

The headspace Hobart Consortium and Youth Reference Group continue to be a central component to our overall service delivery. We have continued, and increased in some instances our service delivery at Pulse Youth Health Service, the Clarence Integrated Care Clinic, Huonville High School and the Kingston area during this time as a result of these relationships. Additionally, as a result of required relocation during this period (due to flooding of previous location) a relationship with TAFE Tasmania was developed with the support of a much-needed additional room to allow continuity of care for young people engaged with us.

headspace Hobart has continued a working relationship with the University of Tasmania and supported and engaged in opportunities for students to become a part of our headspace team while on placement from various disciplines, including Social Work and Psychology.

During this period we have also developed a working relationship with the Migrant Resource Centre and worked in collaboration to provide service and support to their MRC community.

We thank the time of everyone who has been involved, contributed too, attended or been interested in working with us at headspace Hobart during this period. Your commitment and support assists us in achieving what we set out to do on a daily basis.

- Angela, headspace Hobart Centre Manager

Tasmanian Population Health Services, Alcohol and Drug Services, Tasmania Police, Alcohol Tobacco and Other Drug Council, Drug Education Network, Sorell and Brighton Municipalities, Karadi Aboriginal Centre, New Town High, Ogilvie High Schools, Mental Health Council of Tasmania, Colony47, ICCI, Youth Network of Tasmania, 26ten, and headspace IPS Network team - AOD Program

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who we worked with...

Many health messages were successful thanks to great partnerships like the AFL Hawks, Jack Wilson (a young indigenous reality-star), UTAS, TasTAFE, Cancer Council Tas, Migrant Resource Centre, KARADI, 26Ten, Working It Out, Australian Association for Adolescent Health, and many more.

Without them, we wouldn't be able to do things like young people getting lawyer support from outreach Hobart Community Legal Service, learning their rights in the workplace and everyday life from Equal Opportunity Tasmania, finding out about new hepatitis treatments from TasCAHRD, or answers regarding their growing independence and concerns with the Centrelink outreach officer.

- Andrew, Youth Health Service Coordinator

We continue to team up with local councils and other youth services where we can to delivering activities and events for young people.

headspace Hobart entered into a Community Partnership with Hawthorn FC which gave us the opportunity to hold an all of Link Open Day, with members of both the men's and women's teams in attendance. The following day we presented a session at Cosgrove High School with the players participating in a yoga session with the students.

The past year has seen a restructuring of the 'headspace in Schools' program to become 'Be You'. headspace Hobart are working in collaboration with the 'Be You' Hobart team to ensure messages delivered to school communities are consistent for students, parents and teachers.

Youth Reference Group (YRG) members attended the Market in the Carpark, a combined council event held at the Glenorchy City Council chambers. They hosted a very successful free succulent-planting activity that was well received by young people attending the event.

The YRG took the chill out zone up to the Tasmanian Youth Forum in Launceston again this year, with activities including origami and 'Who am I?' to keep them-and other young people- entertained.

- Shelagh, Community Health Educator

We communicate regularly with our State Advisory Group that provides a governance role in the Youth Health Fund Program. Representatives are from State Government, The Link Youth Health Service as administers of the Fund and Youth Health Fund Access Workers from each region of the state, who work directly with young people aged 12-24.

We have approximately 240 trained Youth Health Fund Access Workers from all areas of employment across the State who can provide immediate support and financial help for disadvantaged young people to access health services and health items.

The Youth Health Fund has continued to strengthen collaborative approaches with external providers across the State to ensure services to young people continue to grow and change to reflect current health trends and health advice. As these relationships continue each year, young people have a better health outcome and experience.



who we supported & how



The Link's Open Access health space saw a combined TOTAL of 11, 007 service contacts for health issues and supported assistance. The top three topics for health issue presentations for the last six months were Nutrition, Youth Health Fund support, and Emotional Wellbeing.

For this period, our team completed 49 health promotion activities, with 694 participants. - **Andrew, Youth Health Services Cooridnator**

We have supported other community organisations and schools by attending their Youth Week Tasmania and Mental Health Week events with our activities and resources.

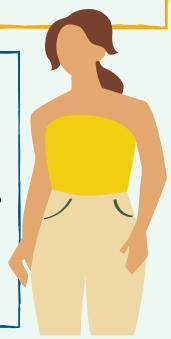
School requests for class sessions/workshops continue to come in throughout the year and at times these requests are coming in for sessions with younger students, and we cover as many of these requests as possible. headspace Hobart supported the Butterfly Foundation in finding locations for, and the local promotion of, their Parent information, and Professional Development sessions in Hobart.

This culminated in a successful parent session held at Ogilvie High School, and a Professional Development Day for health sector workers the next day at Pulse Youth Health Service. -- Shelagh, Community Health Educator

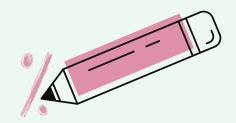
As a part of our AOD program, workers discuss the impact of AOD use on wellbeing with young people. Information and advice is given about reducing drug related harm, and we work with young people to find other service avenues when required, so they can receive further support to reduce drug related harm.

This year, we continue to support clients achieve their goals to reduce drug related harm (such as 43 goals for the last half of the year), and provided input to the Reform Agenda for Alcohol and Drug Services in Tasmania Consultation Draft. We've also done further training with our youth health team to provide young people more AOD brief intervention opportunities, and for the last six months have provided 190 engagements in our Needle and Syringe Program.

- AOD Program



who we supported & how /



The headspace Hobart Centre Activity overview report (Financial Year 2018-2019) continues to reflect increase for demand as a reccurring theme:

Occasions of Service: FY2017 = 4805, FY2018 = 6251 and, FY2019 – 7381.

Serviced Young People: FY2017 = 1440, FY2018 = 1724 and, FY2019 = 1920.

New Young People: FY2017 = 812, FY2018= 959 and, FY2019= 990

Returning Young People: FY2017 = 575, FY2018 = 703 and, FY2019 = 819

Average visit frequency: FY2017 = 3.3, FY2018 = 3.6 and, FY2019 = 3.8

 Angela, headspace Hobart Centre Manager

Since the IPS program started in Hobart, participants have been supported to identify their employment and study goals, apply and canvass for work, find suitable employment (including apprenticeships and traineeships), and commence study at university and TAFE.

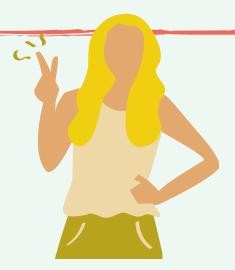
- Lorelle, IPS Program Manager

The Youth Health Fund may financially help support contraception, hygiene items, counselling sessions, prescriptions, and more for disadvantaged young people aged 12-24.

A young person must address their health issues to a Youth Health Fund Access Worker, who can then give them immediate support to access a Health Service and or Health Item.

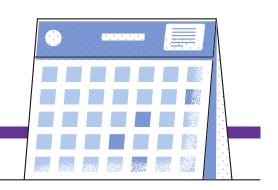
From 1st July until 30th June 2019, the Youth Health Fund supported 1,365 applications.

> SOUTH: 930 NORTH: 167 NORTHWEST: 266

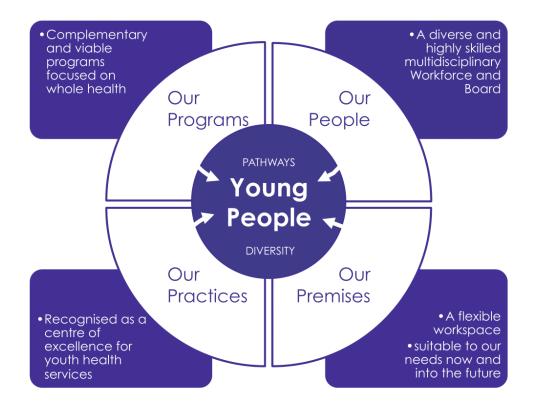


- Nikala, Youth Health Fund Manager

coming up



Our focus for the next 3 years - Year 2



- Continuing to review and refine our service to ensure easy pathways for clients and stakeholders.
- Pregnancy Counselling
 - Improving platform sharing for YHF Access Works to share learnings and feedback.
 - Developing more opportunities for support via a range of groups.

- More client focus groups to support better engagement and discussion of issues impacting on young people's lives.
 - Expanding our partnerships with communities to reach more young people where they are.
 - Increasing awareness of young people, mental health, and wellbeing in the workplace.

treasurer's report

This year has seen continued financial stability for The Link – all our core funding streams remain secure with a number of multi-year contracts in place providing income certainty for several years ahead.

For the financial year, our income fell slightly from \$2.957million in 2018 to \$2.949 million (-\$7,675). The reduced funding, mainly from the conclusion of a number of smaller, short-term projects in 2018, was almost offset by increased self-generated income from managing our term deposits more actively, and the addition of funding for This Way That Way – a three-year sexual and reproduction health education program.

Our small paper loss of \$52,930 is largely attributable to depreciation, equipment purchases, insurance cost increases and salary and staffing cost increases, which were largely offset by a range of savings including in information technology, vehicles and travel and Youth Health Fund expenses.

The balance sheet remains strong as we continued to focus on improving our reserves for future needs or to respond to opportunities or challenges as they arise.

This year we welcomed Board member Barbara De Graaf to the committee. The Committee met frequently and focussed on providing more useful and accurate reporting for the Board and on systems for better documenting and managing risk and compliance requirements and treatments. Our thanks are extended to Eliza Lee and David Perez for their support of the committee's operations and their work in maintaining The Link's strong financial position.

For the coming year the Finance and Risk committee will continue its focus on better systems to improve reporting and compliance and reduce financial and other risks to the organisation. The Committee will also contribute to strategic growth and improved governance initiatives to ensure our ongoing viability and to increase our capacity to meet the health needs of more young people across a wider community.

9" " 8

John Borojevic Treasurer

The Link Youth Health Service Inc

A.B.N. 11 770 186 878

Financial Report

For the Year Ended 30 June 2019



Business + Personal + Financial Solutions

Sydney + Melbourne + Brisbane + Perth + Adelaide + Hobart

Location: Level 1/18 Ross Avenue, Rosny Park TAS 7018

Telephone: +61 3 6244 5044



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FINANCIAL REPORTS

Board members at the date of this report are:

Robert Meredith - President

John Borojevic-Treasurer

Judy Hebblethwaite

Helen Barrett

Barb De Graaff

Mandy Lo

Linda Paynter

Suellen Taylor

Aneita Browning

Principal Activities

The principal activities of the Association during the financial year were:

- The provision of health information to young people;
- Running a walk-in holistic health service for young people 12-24 years;
- The promotion of harm reduction strategies for young illicit drug users;
- The diversion of young people with alcohol and other drug issues from the court system;
 and
- The provision of funds for young people to access health services statewide through a network of trained access workers.

headspace Hobart (the Link Youth Health Service Inc as the lead agency)

- Deliver flexible, friendly, relevant and practical service options at a centralised site
- Provide timely, relevant interventions to improve the overall wellbeing of young people in primary health, mental health, alcohol and drug, and vocational assistance
- Use a cost effective collaborative approach that draws on sharing resources and expertise within the health and community sector
- Establish new service opportunities that can assist young people earlier in the onset of mental health and associative substance use problems
- Ensure all work practices have a current evidence base
- Utilise pre and post qualitative measures to assess client outcomes
- Reform local service systems; implementing community awareness campaigns and community education to assist young people experiencing mental health problems and influence both policy direction and community attitude

Significant Changes

During this financial year we received one new funding agreement as follows:



'This Way - That Way' Sexual and Reproductive Health Education Program, a three year funding agreement from The Department of Health Tasmania. This program is designed to support clients to manage sexual and reproductive health and pregnancy.

Operating Result

The Loss for 2018/2019 amounted to (\$52,930).

Signed in accordance with a resolution of the Members of the Board.

Robert Meredith

Dated on the day of November 2019.

President

On behalf of the Board of Management



Profit and Loss for period ended 30 June 2019

2018		Note	2019
\$			\$
	Income		
	State Government		
	State Government Grants:	×	
798,911	Core Funding		766,125
	State/Commonwealth		
202,941	Innovative Health Services for Homeless Youths	3	224,797
132,227	Illicit Drug Diversion Initiative	3	119,800
966,529	Headspace	3	1,068,695
129,978	Medicare payments Headspace		106,601
127,167	T.O.P Grant State		100,679
319,453	DSS Grant	3	286,695
61,404	Cornerstone	3	-
39,791	ReachABLE	3	14,742
-	Short Term Psychological Interventions Program		94,480
	Self Generated Income		
27	Membership fees		-
6,528	Bank interest		14,556
172,681	Other		152,791
2,957,637	TOTAL INCOME		2,949,962
	Expenditure		
8,500	Audit and accountancy		8,866
15,478	Depreciation and Equipment		71,950
170,163	Property, Insurance and Office Expense		212,262
67,780	Information Technology		48,574
1,954,878	Salaries, Superannuation and Staff Provisions		2,096,158
34,853	Professional Development		24,573
134,096	Vehicles and Travel Expenses		116,156
168,400	Other Operating Expenses		168,982
80,988	headspace Other Expenses		45,897
256,376	IHSHY Services		209,474
2,891,512	TOTAL EXPENDITURE		3,002,891
66,125	Operating surplus		(52,930)
	Non-operating income and expenditure		
(3,392)	Profit/Loss on sale of Vehicles		
62,733	Net operating surplus (deficit)		(52,930)



Balance Sheet as at 30 June 2019

2018		Note	2019
\$			\$
	CURRENT ASSETS		
849,356			627,578
	Payments in Advance		-
268,392	Receivables		74,510
1,136,359	TOTAL CURRENT ASSETS		702,088
	NON CURRENT ASSETS		
169,075	Property plant and equipment		169,075
200,564	Motor vehicle		266,389
165,622	Leasehold improvements		168,163
(339,905)	Less provision for depreciation		(351,381)
195,356	TOTAL NON CURRENT ASSETS		252,247
1,331,715	TOTAL ASSETS		954,334
	CURRENT LIABILITIES		
68,096	Payables and Accruals		79,813
17,198	Staff Liabilities		17,875
31,692	GST net		46,713
26,794			28,415
	Provision for staff leave		272,373
389,451	Subsidies in advance & other liabilities	3	39,598
809,239	TOTAL CURENT LIABILITES		484,788
522,476	NET ASSETS (LIABILITIES)		469,546
	ACCUMULATED FUNDS		
459,743	Balance at 1 July		522,476
62,733	Excess of income over expenditure		(52,930)
522,476	BALANCE AS AT 30 JUNE		469,546

Statement of Changes in Equity

The Link Youth Health Service Year Ended 30 June 2019

	Retained Earnings \$
Balance 1 July 2017	459,743
Comprehensive Income	
Surplus for the year attributable to members of the entity	62,733
Other comprehensive income for the year	-
Total comprehensive income attributable to members of the entity	62,733
Balance at 30 June 2018	522,476
Comprehensive Income	
Deficit for the year attributable to members of the entity	(52,930)
Other comprehensive income for the year	-
Total comprehensive income attributable to members of the entity	(52,930)
Balance at 30 June 2019	469,546

Statement of Cash Flows

The Link Youth Health Service Inc For the year ended 30 June 2019

	2019	2018
Operating Activities		
Receipts from customers	3,354,087.95	3,248,670.76
Payments to suppliers and employees	(3,006,889.74)	(2,930,982.06)
Cash receipts from other operating activities	(174,253.42)	(178,334.06)
Net Cash Flows from Operating Activities	172,944.79	139,354.64
Investing Activities		
Proceeds from sale of property, plant and equipment	44,090.91	13,922.73
Payment for property, plant and equipment	(129,082.05)	(100,685.56)
Other cash items from investing activities	32,818.55	21,819.56
Net Cash Flows from Investing Activities	(52,172.59)	(64,943.27)
Financing Activities		
Other cash items from financing activities	(342,550.88)	(235,381.91)
Net Cash Flows from Financing Activities	(342,550.88)	(235,381.91)
Net Cash Flows	(221,778.68)	(160,970.54)
Cash and Cash Equivalents		
Cash and cash equivalents at beginning of period	849,356.47	1,010,327.01
Cash and cash equivalents at end of period	627,577.79	849,356.47
Net change in cash for period	(221,778.68)	(160,970.54)



Notes To and Forming Part of the Accounts for the Year Ended 30 June 2019

Note 1: Statement of Accounting Policies

The financial reports are a special-purpose financial report, prepared in order to satisfy the reporting requirements of the *Australian Charities and Not-for-profits Commission Act 2012*. The Association has determined that The Link is not a reporting entity.

The financial reports have been prepared in accordance with the requirements of the *Australian Charities and Not-for-profits Commission Act 2012* and the following Australian Accounting Standards:

AASB 101 Presentation of Financial Statements

AASB 107 Statement of Cash Flows

AASB 108 Accounting Policies, Changes in Accounting Estimates and Errors

AASB 110 Events after the Reporting Period

AASB 1048 Interpretation of Standards

AASB 1054 Australian Additional Disclosures

No other applicable Accounting Standards, Urgent Issues Group Consensus Views or other authoritative pronouncements of the Australian Accounting Standards Board have been applied.

The reports have been prepared on an accrual basis, and are based on historic costs, and do not take into account changing money values, or except where specifically stated, current valuations of non-current assets. These accounts have been prepared on a going concern basis.

The following material accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this financial report.

Income Tax

The Association is exempt from income tax as a charity and is also a Deductible Gift Recipient for taxation purposes.

Fixed Assets

The depreciable amount of fixed assets is depreciated over their useful lives commencing from the time the asset is held ready for use. Leasehold improvements are amortised over the shorter of either the unexpired period of the lease or the estimated useful lives of the improvements.

The carrying amount of fixed assets is reviewed annually by the Board to ensure it is not in excess of the recoverable amount of those assets.

Leases

Lease payments under operating leases, where substantially all the risks and benefits remain with the lessor, are charged as expenses in the period in which they are incurred.



Employee Entitlements

Provision is made for the Association's liability for employee entitlements in relation to annual leave and long service leave. Liability in relation to long service leave is calculated from the date of appointment, but is not payable in full until the completion of ten years' service, and not payable pro-rata until at least seven years' service. Our experience to date is such that we expect these commitments to be payable.

Contributions are made by the Association to employee's superannuation fund of choice and are charged as expenses when incurred.

Note 2: Operating Lease Commitments

The Association leases premises at 57 Liverpool Street, 49 Liverpool Street and 51 Liverpool Street.

Note 3: Government Subsidies/Grants Received In Advance

Government operational subsidies and grants received in respect of expenses and programs are taken to income in accordance with the pattern of expenditure incurred, or on a time basis as best fits the terms of the subsidy or grant, to provide for the matching of revenue and expenditure during the year and future periods. Details of subsidies in advance and Project Grants are shown below:

<u>Headspace</u>		
Brought forward from 2017/2018	\$	326,989
Grant income received	\$ \$ -\$	948,047
Bank Interest and Medicare Income	\$	112,264
Less write off	-\$	172,050
Funds Available	\$	1,215,250
less; Grant Expenditure	\$	1,205,555
Carried forward to 2019/2020	\$	9,695
Innovation Health Services for Homeless Youth (IHSHY)		
Brought forward from 2017/2018	\$	17,577
Grant income received	\$	307,899
Bank Interest	\$ \$	-
Funds Available	\$	325,476
less; Grant Expenditure	\$	357,193
Carried forward to 2019/2020	\$ (\$	31,717)
* Please note that there was a loss in the IHSHY regions last year, but there was a carr		
* Please note that there was a loss in the IHSHY regions last year, but there was a carreceived that was quarantined specifially for T.O.P's.		
received that was quarantined specifially for T.O.P's.		
received that was quarantined specifially for T.O.P's. Youth Health - State Brought forward from 2017/2018 Grant income received	ry forward \$	
received that was quarantined specifially for T.O.P's. Youth Health - State Brought forward from 2017/2018	y forward \$ \$	of money
Youth Health - State Brought forward from 2017/2018 Grant income received Bank Interest Funds Available	\$ \$ \$	of money
Youth Health - State Brought forward from 2017/2018 Grant income received Bank Interest Funds Available less; Grant Expenditure	\$ \$ \$ \$	201,433
Youth Health - State Brought forward from 2017/2018 Grant income received Bank Interest Funds Available	\$ \$ \$	201,433 - 201,433
Youth Health - State Brought forward from 2017/2018 Grant income received Bank Interest Funds Available less; Grant Expenditure Carried forward to 2019/2020	\$ \$ \$ \$	201,433 - 201,433 205,257
Youth Health - State Brought forward from 2017/2018 Grant income received Bank Interest Funds Available less; Grant Expenditure Carried forward to 2019/2020 Illicit Drug Diversion Initiative (IDDI)	\$ \$ \$ \$ (\$	201,433 - 201,433 205,257 3,823)
Youth Health - State Brought forward from 2017/2018 Grant income received Bank Interest Funds Available less; Grant Expenditure Carried forward to 2019/2020	\$ \$ \$ \$ (\$	201,433 - 201,433 205,257 3,823)
Youth Health - State Brought forward from 2017/2018 Grant income received Bank Interest Funds Available less; Grant Expenditure Carried forward to 2019/2020 Illicit Drug Diversion Initiative (IDDI) Brought forward from 2017/2018	\$ \$ \$ \$ (\$	201,433 - 201,433 205,257 3,823)
Youth Health - State Brought forward from 2017/2018 Grant income received Bank Interest Funds Available less; Grant Expenditure Carried forward to 2019/2020 Illicit Drug Diversion Initiative (IDDI) Brought forward from 2017/2018 Grant income received	\$ \$ \$ \$ (\$	201,433 - 201,433 205,257 3,823) 856 118,944
Youth Health - State Brought forward from 2017/2018 Grant income received Bank Interest Funds Available less; Grant Expenditure Carried forward to 2019/2020 Illicit Drug Diversion Initiative (IDDI) Brought forward from 2017/2018 Grant income received Bank Interest	\$ \$ \$ \$ (\$	201,433 - 201,433 205,257 3,823)



Note 3: Government Subsidies/Grants Received In Advance (Con't)

ADS - Core funding		
Brought forward from 2017/2018		526.602
Grant income received	\$	526,683
Bank Interest	\$	2,455
Funds Available	\$ \$ (\$	529,137
less; Grant Expenditure	\$	538,897
Carried forward to 2019/2020	(\$	9,760)
This Way That Way		
Brought forward from 2017/2018	A	10.000
Grant income received	\$	40,000
Bank Interest		40.000
Funds Available	\$ \$ \$	40,000 38,009
less; Grant Expenditure	\$ <u>\$</u>	1,991
Carried forward to 2019/2020	Ş	1,551
IPS Trial	خ	26,695
Brought forward from 2017/2018 Grant income received	\$ \$	260,000
Bank Interest	Ÿ	200,000
Funds Available	\$	286,695
less; Grant Expenditure	\$	287,940
Carried forward to 2019/2020	(\$	1,245)
Short Term Psychological Interventions Program		
Brought forward from 2017/2018	ċ	112.062
Grant income received	\$	113,062
Bank Interest		113,062
Funds Available	Ş	94,480
less; Grant Expenditure	\$	18,582
Carried forward to 2019/2020	Ş	10,302

Note 4: Continuation of funding

All current funding has been renewed going forward.



STATEMENT BY MEMBERS OF THE BOARD

The Board has determined that the Association is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies stated in note 1 of the financial statements

In the opinion of the Board,

- these financial statements present fairly the financial position of The Link Youth Health Service Inc. as at 30 June 2019 and the performance for the year ended on that date.
- there are reasonable grounds to believe The Link Youth Health Service Inc. will be able to pay all of its debts, as and when they become due and payable; and
- the financial statements and notes satisfy the requirements of the *Australian Charities and Not-for-profits Commission Act 2012*.

Signed in accordance with subsection 60.15(2) of the Australian Charities and Not-for-profit Commission Regulation 2013.

Robert Meredith

President

Date: November 2019

John Borojevic

Treasurer

Date:22 November 2019

The Link Youth Health Service Inc **Auditor's Independence Declaration**

For the Year Ended 30 June 2019

Dear Members

As auditor for the The Link Youth Health Service Inc for the year ended 30 June 2019, I declare that to the best of my knowledge and belief, there have been:

- 1) No contraventions of the auditor independence requirements of the *Australian Charities and Not-for-profits Commission Act 2012* in relation to the audit; and
- 2) No contraventions of any applicable code of professional conduct in relation to the audit.

This declaration is in respect of the above-mentioned entity.

Yours sincerely

Michael Burnett B.Com.F.C.A. Registered Company Auditor: 281

Partner

Level 1/18 Ross Avenue, Rosny Park TAS 7018



Independent Auditor's Report

To the members of The Link Health Service Inc

Opinion

We have audited the financial report of The Link Health Service Inc (the Entity), which comprises the statement of financial position as at 30 June 2019, the statement of income and expenditure, statement of changes in equity and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies and other explanatory information, and the declaration by members of the board.

In our opinion, the accompanying financial report presents fairly, in all material respects, the financial position of the Entity as at 30 June 2019 and of its financial performance and its cash flows for the year then ended in accordance with *Australian Charities and Not-for-profits Commission Act 2012*.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Entity in accordance with the ethical requirements of the Accounting Professional and Ethical Standard Board's APES 110 *Code of Ethics for Professional Accountants* (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter – Basis of Accounting

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared to assist The Link Health Service Inc to meet the requirements of the *Australian Charities and Not-for-profits Commission Act 2012*. As a result, the financial report may not be suitable for another purpose.

Responsibilities of the Board Membersfor the Financial Report

The board members are responsible for the preparation of the financial report in accordance with the *Australian Charities and Not-for-profits Commission Act 2012*, and for such internal control as the board members determine is necessary to enable the preparation of the financial report that is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the board members are responsible for assessing the Entity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the board members either intend to liquidate the Entity or to cease operations, or has no realistic alternative but to do so.

The board members are responsible for overseeing the Entity's financial reporting process.



Auditor's Responsibility for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Australian Auditing Standards will always detect a material misstatement when it exists.

Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial report.

A further description of our responsibilities for the audit of the financial report is located at the Auditing and Assurance Standards Board website at: http://www.auasb.gov.au/Home.aspx. This description forms part of our auditor's report.

Michael Burnett B.Com.F.C.A. Registered Company Auditor: 281

Partner

Level 1/18 Ross Avenue, Rosny Park TAS 7018



who we are: 2018-2019

headspace team:

*private practitioners

Miranda Ashby Jennifer Presser* Kelly Pettit Angela Waite **Bethany Smith** Anneke Mertens* Bernadette Carroll Lyndel Dean Philip McKay Renae Pepper Adela Marrone Adrian Cakra lesse Greenwood Shelagh Curtain **Amy Cochrane Beatrice Webb** Jason Lemon Jennifer Kuhn Rebecca Grant* Wendy Roberts Alison Edwards* Steven Bradford* Katie Ling* Alison Hardinge Andree Poppleton Ker Leow Kezia Wasdell Kellie Bryan Beth Mulligan* Jacinta Hickey Anthea Dallas Verity Robin Graham Hall*

Natalie Fitzgerald*

Abbey Lack (student)
Jesse Richardson (student)
Monique Williams (student)
Max Zheng (student)
Molli Lai (student)
Olivia Bounds (student)

Administration/Finance:

Cathryn De Soza Yan Rayner

IPS team:

Lorelle Taylor Annette Swinnerton Smith Susan Dickson

Reception team:

Julie Downie Tania Cerritelli Kimberly Brown Molly Devlin Monique Utting

Our Board:

Rob Meredith - President
John Borojevic - Treasurer
Helen Barrett
Judy Hebblethwaite
Aneita Browning
Linda Paynter
Mandy Lo
Barb De Graaff
Suellen Taylor

Management:

David Perez Maggi Boughton Eliza Lee Miranda Ashby Tania Hunt

YHF team:

Marianne Wyrsch Nikala Post

YHW team:

Andrew Badcock
Thomas Burdick
Rebecca Pettit
Claire Johnston
Thalia Papadakis
Ruth Bishop (student)

AOD team:

Duncan Giblin Tara Smith Kaz Knights

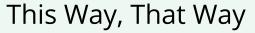
STPI:

Helen Shann



headspace Hobart

This program is supported by Primary Health Tasmania (Tasmania PHN) under the Australian Government's Primary Health Networks Program.



This program is funded by the Crown through the Department of Health.

Alcohol and Drug Services

These programs are supported by the Crown through the Tasmanian Health Service.

Individual Placement Support

funded by the Australian Government Dept of Social Services

Short-term Psychological Intervention Program

This program is supported by Primary Health Tasmania (Tasmania PHN) under the Australian Government's Primary Health Networks Program.

Open Access Program

The Link Youth Health Service Inc. receives funding from the Crown, through the Department of Health.

Youth Health Fund

This program is funded by the Crown through the Department of Health.



